By teaming up with community partners, the BCBSND Caring Foundation strives to reduce barriers and expand services to create healthier communities.



THE IMPACT OF teamwork

We financially support thousands of hours of employee volunteer efforts each year.

Over 3,700 hours of service

100+ **Nonprofits Impacted**

Annually Over 50% of BCBSND employees volunteer in the community Countless **Acts of Kindness**



ABOUT US

Established in 1989, the BCBSND Caring Foundation is a private, grant-giving 501(c)(3) organization with a mission to help positively transform the health and well-being of North Dakotans and their communities.

IMPACT NORTH DAKOTA WITH US

Pam Gulleson Executive Director **Amber Blomberg** Manager

ndcaring.org caringfoundation@bcbsnd.com

Administered by Blue Cross Blue Shield of North Dakota for the Blue Cross Blue Shield of North Dakota Caring Foundation An independent licensee of the Blue Cross Blue Shield Association

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IMPACT AREAS

From Williston to Fargo, the Foundation identifies needs and provides funding through grants and initiatives that support community-based well-being. Here are some of those impact areas:



CARINGFORKIDS GRANTS

fund evidence-based initiatives to prevent childhood obesity and develop healthy minds and bodies at early ages.



SPARK GRANTS

collaborate with nonprofits, municipal entities and school systems to enhance healthier lifestyles, address service gaps and promote health equity.



HEALTH PROFESSION SCHOLARSHIPS

provide scholarships to N.D. students pursuing nursing or a health-rated degree.



DOLLARSFORDOERS

offers employees and retirees who use all their BCBSND paid volunteer time an opportunity to donate \$200 to a North Dakota nonprofit.



CARINGFORCOMMUNITIES GRANTS

support sustainable initiatives that encourage health and well-being in our communities.



BUILD GRANTS

addressing social determinants of health at the local, community level.



HEALTHCARE LEADERSHIP SCHOLARSHIP

awards one scholarship to a N.D. student planning to work in a healthcare related field with a leadership track.



CHARITABLE GIVING

donate to nonprofits and events that work to improve health and well-being of North Dakota.

CLOSING THE GAPS ON HEALTH EQUITY AND ACCESS

Social Determinants of Health

The Caring Foundation seeks solutions to address underlying factors that impact health. In an effort to eliminate disparities, we strive to reduce barriers by:





