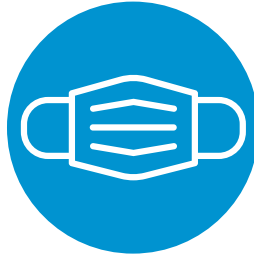


# WELCOME LET'S PROTECT EACH OTHER!



Keep a social distance



Wear a mask



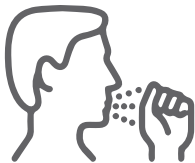
Skip the handshake

## Please refrain from visiting if:

You have COVID-19 symptoms



Fever



Cough



Shortness of breath

You've been exposed to COVID-19

How do you know?  
Download the CARE19 app to track  
COVID-19 exposure in North Dakota



ND

Blue Cross Blue Shield of North Dakota is an independent licensee of the  
Blue Cross & Blue Shield Association

Source: Centers for Disease Control and Prevention (CDC)