

# Application for Individual Plan Health Insurance

Complete this application in its entirety in blue or black ink. Do not use a pencil or a highlighter.

STEP 1: APPLICANT'S INFORM		may be deleved	if the forms	a NOT as manufacted in its		w DIFACE	DDINE	CLEARLY
Please note: Processing of your ap	MI	Last Name*	ii this form i	s NOT completed in its	entiret	ly. PLEASE	PRINT	LEAKLY.
	1011	Lastivanie			Gender* Male Female			
Social Security Number*	Date of	Birth (Month/Day	/Year)*	Requested Effe		ested Effect	ive Date	*
Residential Street Address (Cannot be a P.O. Box)*								Apt. or Suite Number
City*	County*		State*	e*		ZIP*		
Mailing Address (If different from above)  Apt. or Suite Nu						Apt. or Suite Number		
City		State			ZIP			
Home Phone		Work Phone	Work Phone Mo		Mobile	pile Phone		
Email Address (If applicable)								
Tobacco Use?* Yes No								
Which of the following best describe White or Caucasian  Asian (e.g. Asian Indian, Chinese Northern Asian or Eastern Euro	lack or Afr , Filipino, Ja	apanese, Korean,	Vietnamese)		North A	frican	Indian	n or Other Pacific Islander or Pakistani Prefer not to answer
What is your ethnicity or ethnic back  Not Hispanic or Latino  Other	ground? lispanic or	Latino				☐ Prefer	not to a	nswer
What is your preferred language?								
English Spanish Other					Pref	er not to answer		
*Question is required and must be co	*Question is required and must be completed or your application will be delayed.							
STEP 2: CHOOSE YOUR PLAN								
Review the product information to l	earn what	each plan covers	. The plan and	d deductible option you	choose	will apply t	to every	one covered by your plan.
Benefit Plans:								
BluePrime Gold Copay (10523' - (\$25 Primary Care Visit, \$5 Val		Orug List)		BlueValue Gold Co - (\$30 Primary Care			ed plan)	
BlueDirect Gold HSA Eligible (10353824) - (\$2600 Deductible, 90% Coinsurance, \$5 Preventive Drug List)			List)	BlueValue Silver Copay (10745086) - (\$40 Primary Care Visit, Standardized plan)				
BlueDirect Silver HSA Eligible (10353825) - (\$3500 Deductible, 80% Coinsurance, \$5 Preventive Drug List)			List)	BlueValue Bronze Copay (10745087) - (\$50 Primary Care Visit, Standardized plan)				
BlueDirect Silver LP HSA Eligible (10430436) - (\$3300 Deductible, 80% Coinsurance, \$5 Preventive Drug Li			List)	DakotaBlue   Altru Gold Copay (10754873) - (\$5 Primary Care Visit, \$5 Value Based Drug List)				
BlueDirect Bronze HSA Eligible (10353826) - (\$7500 Deductible, 100% Coinsurance, \$5 Preventive Drug l			g List)	DakotaBlue   Altru Silver Copay (10754874) - (\$20 Primary Care Visit, \$5 Value Based Drug List)				
BlueCare Gold Copay (10353828, 10867112) - (\$25 Primary Care Visit, \$5 Value Based Drug List)				DakotaBlue   Altru Silver LP Copay (10754872) - (\$20 Primary Care Visit, \$5 Value Based Drug List)				
BlueCare Silver Copay (103538 - (\$45 Primary Care Visit, \$5 Val		Orug List)		DakotaBlue   Trinity Gold Copay (10823098) - (\$5 Primary Care Visit, \$5 Value Based Drug List)				
BlueCare Silver LP Copay (104 - (\$45 Primary Care Visit, \$5 Val		Drug List)		DakotaBlue   Trinity Silver Copay (10823097) - (\$20 Primary Care Visit, \$5 Value Based Drug List)				
BlueEssential Catastrophic (10 - (\$9,200 Deductible, 100% Coin				DakotaBlue   Trini - (\$20 Primary Care				

STEP 2: CHOOSE YOUR PLAN				
Yes No Will any portion of to other means of rein		your employe	er or your spouse's employe	er, either directly or through wage adjustments
of the notice you red	vidual Coverage Health ceived from your emplo			ough your employer? If yes, please provide a cop
Employer Name				
				nefit plan as part of a plan or program under Sec erage Information" for additional explanation.)
Yes No Is any person apply	ing for this coverage er	ititled to bene	îts under Medicare Part A d	or enrolled in Medicare Part B?
STEP 3: REASON FOR APPLYING				
New coverage (I do not have BCBSN	Change	in existing BCBSND covera	ge Coverage End Date	
Loss of previous health coverage due	to:	Life event:		Supporting documentation required:
Legal Separation/Divorce	Annual	Enrollment	Only applicable during Open Enrollment seas	
Death	Marriag	e	Marriage certificate	
Termination of Employment/Reducti	Birth		Birth certificate	
Employer Contribution Terminated	Adoptio	n	Adoption papers	
Loss of COBRA (Benefits Exhausted)	Legal G	uardianship	Legal guardianship papers	
Loss of Medicaid		•	Termination explanation from previous carrier	
Spouse Move to Medicare	Turning 26 (Aging Off Plan)Termination explanation from previous car			
Other		rder		
Termination letter from previous carrier			Notice received from your employer	
for loss of coverage is required.				
STEP 4: SPOUSE/DEPENDENT(S) T				
If a spouse and/or dependent sho	uia be included on	your pian, c PERS		rked with an asterisk (*) below.
First Name*	MI Last Na		JIN Z	
	IVII Last Na			Gender* Male Female
Social Security Number* Date of Birth (I	Month/Day/Year)*		Relationship to You?*	Spouse Child Stepchild Grandchild Adopted Legal Guardi
Tobacco Use?* Yes No				
Which of the following best describes you	u?			
White or Caucasian Black	or African American	Native	American or Alaskan Native	Native Hawaiian or Other Pacific Islande
Asian (e.g. Asian Indian, Chinese, Filip	oino, Japanese, Korean,	Vietnamese)	Middle Eastern or Nor	rth African 🔲 Indian or Pakistani
Northern Asian or Eastern European	Other			Prefer not to answe
What is your ethnicity or ethnic backgrou	ınd?			
Not Hispanic or Latino Hispa	nic or Latino			
Other				Prefer not to answer
What is your preferred language?				
English Spanish	Othe	r		Prefer not to answer

STEP 4: SPOUSE/DEP	ENDENT(S) TO BE	INSUR	FD INFORMATION	(Continued)	
3121 4.31 332/321		THISOK	PERSO		
First Name*		МІ	Last Name*	Gender*	
Social Security Number* Date of Birth (Month/Day/Year)*				Relationship to You?* Spouse Child Stepchild Grandchild Adopted Legal Guardian	
Tobacco Use?* Yes No					
Northern Asian or Ea	Black or Af an, Chinese, Filipino, stern European	Japanese	, Korean, Vietnamese)	American or Alaskan Native Native Hawaiian or Other Pacific Islander  Middle Eastern or North African Indian or Pakistani  Prefer not to answer	
What is your ethnicity or control Not Hispanic or Latin Other		r Latino		Prefer not to answer	
What is your preferred la	nguage?				
English	Spanish	[	Other	Prefer not to answer	
		I	PERSO	ON 4	
First Name*		MI	Last Name*	Gender* Male Female	
Social Security Number*	Date of Birth (Mont	:h/Day/Ye	ar)*	Relationship to You?* Spouse Child Stepchild Grandchild Adopted Legal Guardian	
Tobacco Use?* Yes No					
	Black or Af an, Chinese, Filipino, stern European	Japanese	, Korean, Vietnamese)	American or Alaskan Native Native Hawaiian or Other Pacific Islander Middle Eastern or North African Indian or Pakistani Prefer not to answer	
Not Hispanic or Latin Other	o Hispanic o			Prefer not to answer	
What is your preferred la					
English	Spanish	[	Other	Prefer not to answer	
			PERSO	ON 5	
First Name*		MI	Last Name*	Gender* Male Female	
Social Security Number*	Date of Birth (Mont	h/Day/Ye	ar)*	Relationship to You?* Spouse Child Stepchild Grandchild Adopted Legal Guardian	
Tobacco Use?* Yes No					
_	Black or Af	Japanese	, Korean, Vietnamese)	American or Alaskan Native Native Hawaiian or Other Pacific Islander Middle Eastern or North African Indian or Pakistani Prefer not to answer	
What is your ethnicity or one Not Hispanic or Latin Other	o Hispanic o			Prefer not to answer	
What is your preferred la				Prefer not to answer	

<sup>\*</sup>Question is required and must be completed or your application will be delayed.

### STEP 5: SIGN. AUTHORIZE AND DATE APPLICATION

I understand that any company(s) with which I am applying for coverage reserves the right to accept or decline this application in whole or in part. I further understand that no contractual right is created by this application or advance premium payment and the same shall not be considered accepted unless or until the Benefit Plan is issued to me. I have read this application in its entirety (including the back page) and understand and acknowledge that the accuracy and sufficiency of the information I provide (or fail to provide) in each and every numbered section of this application serves as the basis in determining my eligibility (and the eligibility of my dependents) for coverage and receiving a Benefit Plan(s), and by signing this application I certify the information is accurate and complete. I understand and agree that inaccurate, incomplete or omitted information represented in this application may constitute a fraudulent act or intentional misrepresentation of material facts voiding or retroactively canceling any Benefit Plan(s) issued, as well as any claims for medical benefits and services paid, based on the information I submit through this application. I further understand a person who submits an application or files a claim with intent to defraud or helps commit a fraud against an insurer may be guilty of a crime.

A	applicant's Signa Adult if Applica	Date Signed		
Χ				

# **Tobacco Use**

You should answer "Yes" to the Tobacco Use question if you, your spouse or any of your Eligible Dependents (age 21 or older as of the requested effective date) have, within the past six months, used tobacco regularly (four or more times per week on average, excluding religious or ceremonial uses).

# **Coverage Information**

I understand if I pay any portion of my health insurance premiums using pretax dollars (Section 125) or my employer pays any portion of my health insurance premiums (Section 106) or provides reimbursement for uninsured medical expenses for me and my dependents (Section 162), I should answer "yes" to the question, "Do you, your employer or any of your Eligible Dependents intend to treat this health Benefit Plan as part of a plan or program under Section 162, Section 125 or Section 106 of the U.S. Internal Revenue Code?" (located in Section 2, Choose Your Plan).

# Who is eligible for the BlueEssential catastrophic plan?

The BlueEssential catastrophic plan may only be offered to individuals who are under age 30 as of the requested effective date.

### **BlueDirect Benefit Plans**

This overview describes a high deductible health plan designed to comply with Section 223 of the Internal Revenue Code and intended for use with a Health Savings Account (HSA)\*. Blue Cross Blue Shield of North Dakota (BCBSND) is not authorized to provide legal or tax advice to members. BCBSND expressly disclaims responsibility for, and makes no representation or warranty regarding: (1) the eligibility of any member to establish or contribute to an HSA; or (2) the suitability of this product in all circumstances for use with HSAs.

\*Note: cost-sharing reduction health plans purchased through the health insurance exchange may not comply for use with HSAs.

### **Limitations and Exclusions**

I understand Members are subject to limitations and exclusions outlined in the relevant Benefit Plan or policy.

Must remain a North Dakota resident to maintain BCBSND coverage.

# Contact Us

Visit us on the web: www.BCBSND.com | Member Services toll-free: 844-363-8457

# Visit one of our offices:

### **Fargo Office**

4510 13th Ave. S. Fargo, ND 58121 Phone: (701) 277-2232

### **Grand Forks Office**

3570 S. 42nd St., Suite B Grand Forks, ND 58201 Phone: (701) 795-5340

### **Bismarck Office**

1415 Mapleton Ave. Bismarck, ND 58503 Phone: (701) 223-6348

### Minot Office

1308 20th Ave. SW Minot, ND 58701 Phone: (701) 858-5000

### **Jamestown Office**

300 2nd Ave. NE, Suite 132 Jamestown, ND 58401 Phone: (701) 251-3180

### Williston Office

1137 2nd Ave. W., Suite 105 Williston, ND 58801 Phone: (701) 572-4535



In accordance with federal regulations, Blue Cross Blue Shield of North Dakota is required to provide you the following disclosure:

Blue Cross Blue Shield of North Dakota complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex. Blue Cross Blue Shield of North Dakota does not exclude people or treat them differently because of race, color, national origin, age, disability, gender identity, sexual orientation or sex.

Blue Cross Blue Shield of North Dakota:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call Member Services at 1-844-363-8457 (toll-free) or through the North Dakota Relay at 1-800-366-6888 or 711.

If you believe that Blue Cross Blue Shield of North Dakota has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex, you can file a grievance with:

Civil Rights Coordinator

4510 13th Ave S

Fargo, ND 58121

701-297-1638 or North Dakota Relay at 800-366-6888 or 711

701-282-1804 (fax)

CivilRightsCoordinator@bcbsnd.com (email) (Communication by unencrypted email presents a risk.)

You can file a grievance in person or by mail, fax, or email within 180 days of the date of the alleged discrimination. Grievance forms are available at <a href="http://www.bcbsnd.com/report">http://www.bcbsnd.com/report</a> or by calling 1-844-363-8457. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

800-368-1019 or 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>

### Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

### Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-363-8457 (TTY: 1-800-366-6888 oder 711).

4510 13th Avenue South, Fargo, North Dakota 58121

### 中文 (Chinese)

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-363-8457 (TTY: 1-800-366-6888 或 711)。

### Oroomiffa (Oromo)

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-844-363-8457 (TTY: 1-800-366-6888 ykn 711).

### Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-363-8457 (TTY: 1-800-366-6888 hoặc 711).

### Ikirundi (Bantu - Kirundi)

ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-844-363-8457 (TTY: 1-800-366-6888 canke 711).

### (Arabic) العربية

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 8457-363-844-1 (رقم هاتف الصم والبكم: 848-360-845-1 (رقم هاتف الصم والبكم:

### Kiswahili (Swahili)

KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu 1-844-363-8457 (TTY: 1-800-366-6888 au 711).

# Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-363-8457 (телетайп: 1-800-366-6888 или 711).

### 日本語 (Japanese)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-844-363-8457 (TTY: 1-800-366-6888 または 711) まで、お電話にてご連絡ください。

### नेपाली (Nepali)

ध्यान दिनुहोस्: तपाईले नेपाली बोल्नुहुन्छ भने तपाईको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-844-363-8457 (टिटिवाइ: 1-800-366-6888 वा 711) ।

### Français (French)

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-363-8457 (ATS : 1-800-366-6888 ou 711).

### 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-363-8457 (TTY: 1-800-366-6888 또는 711)번으로 전화해 주십시오.

### Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

### Norsk (Norwegian)

MERK: Hvis du snakker norsk, er gratis språkassistansetjenester tilgjengelige for deg. Ring 1-844-363-8457 (TTY: 1-800-366-6888 eller 711).

### Diné Bizaad (Navajo)

Díí baa akó nínízin: Díí saad bee yáníłti'go **Diné Bizaad**, saad bee áká'ánída'áwo'dę́ę́', t'áá jiik'eh, éí ná hólǫ́, kojį' hódíílnih 1-844-363-8457 (TTY: 1-800-366-6888 éí doodagó 711.)