



HEALTHY CHOICES THAT PAY OFF

BCBSND.me makes wellness rewarding for everyone. When you participate in healthy activities – such as walking, tracking meals, or completing monthly check-ins – you'll earn points.

COMPLETE ACTIVITIES TO EARN POINTS TOWARD BCBSND.ME REWARDS

Earn up to \$250 in gift cards

Start earning points by completing health activities daily, weekly and annually. Explore your plan by viewing claims, finding care, rating doctors and building your care team. Preventive care and BCBSND programs give you the biggest boost.

How it works

-  Register or sign in at [BCBSND.me](https://www.BCBSND.me) and open "Rewards" → "Ways to Earn"
-  Complete healthy activities to start earning points
-  Earn points and redeem your digital gift cards or enter into sweepstakes

Need help with earning points and rewards?
Visit www.BCBSND.com/rewardshelp

Start earning rewards today

Scan or visit [BCBSND.me](https://www.BCBSND.me) to register online.

You can also download the app for IOS or Android.



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