**Title:** Protect the Health of You and Your Loved Ones – Sign Up For Benefits

Open Enrollment is here! It's time to sign up for your benefits, including your employer-sponsored health insurance from Blue Cross Blue Shield of North Dakota (BCBSND).

**Review your options, choose your benefits**Protect the health of you and your loved ones by choosing a plan and making the most of your benefits. Unless you have a qualifying event in your life, Open Enrollment is your once-a-year opportunity to sign up for health insurance.

**Learn more**[in this space, you can promote open enrollment dates, meetings, and other details related to your open enrollment process]

**Questions?**Email [name of internal benefits manager] at [email/phone] if you have any questions.