

Power up for a happier, healthier child

Well-child visits and sports physicals are health power-ups – they boost growth, help spot hidden issues and unlock lifelong wellness skills.



Prevent illness

Checkups keep your child happy and healthy



Track growth & development

Visits track your child's growth and milestones



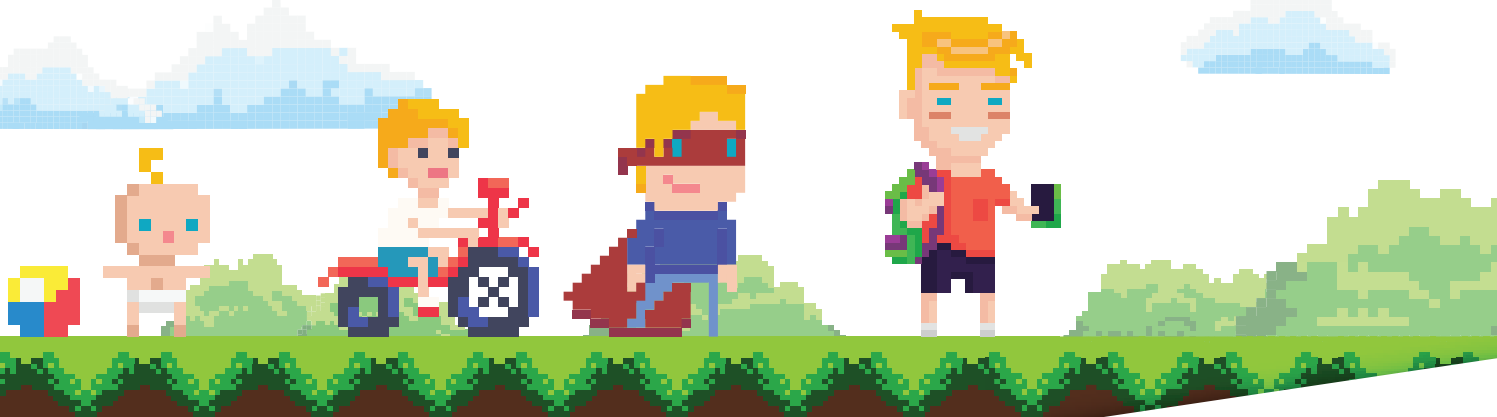
Talk through concerns

Ask about behaviors and habits for guidance



Build a trusted team

Consistent visits help build trust with the doctor



Your child's health grows with every checkup. Go to BCBSND.me or scan the QR code to find care options, tools and support to help your child thrive at every stage.

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BND-25-1019500G • 7-25



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