North Dakota Medicaid Expansion Work Requirements

New federal work requirements are coming to North Dakota Medicaid Expansion. Some members will need to complete 80 hours of work or other activities to keep their coverage.

Here are ways community activities can help you.

1. **Build skills and experience**

   Taking part in work, job training or education programs can help you build helpful skills and open up new opportunities.

2. **Expand your connections**

   Employment, volunteer and community programs connect you with new people. This can help you build relationships that can support your personal growth.

3. **Support your health and well-being**

   Staying active through work or community activities can lead to a greater sense of purpose and financial stability. These all support your long-term health and wellness.



Questions?

To understand how these changes may affect you, visit **hhs.nd.gov/StayCoveredND**.

Some members will not need to meet these requirements. This includes tribal members, certain caregivers, people with special health needs that make it hard to work and others.

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