

# **Medical Policies**



Policy S-55

Number:

**Policy Name:** Surgical Treatment of Varicose Veins

Policy Type: Medical Policy Surgery

Subtype:

Effective 09-15-2025 End Date: 11-02-2025

Date:

## Description

A variety of treatment modalities are available to treat varicose veins/venous insufficiency, including surgical approaches, thermal ablation, and sclerotherapy. The application of each of these treatment options is influenced by the severity of the symptoms, type of vein, source of venous reflux, and the use of other (prior or concurrent) treatments.

The following are the medical definitions for the terms in the related Medical Policies under the section of Criteria:

## **Policy Application**

All claims submitted for this policy will be processed according to the policy effective date and associated revision effective dates in effect on the date of processing, regardless of service date.

# Cyanoacrylate Adhesive (Great Saphenous, Small Saphenous and Accessory Saphenous Veins):

- Chemical adhesive (also known as glue embolization, glue adhesive ablation or cyanoacrylate adhesive) is a procedure where an embolic agent is injected into the vein. The embolic agent polymerizes upon contact with blood and causes the adhesive to form a solid, permanent implant, thus closing the vein. There is no tumescent local anesthesia required, minimizing risks and no postoperative compression therapy required.
- The technique of cyanoacrylate closure (CAC), which is one of the most common liquid embolic agents, uses a proprietary adhesive for the treatment of refluxing saphenous veins.

## Echosclerotherapy

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• Echosclerotherapy is a technique used for perforator veins. Duplex ultrasound guidance is used to inject a sclerosing agent into varicose veins.

#### Endovenous Radiofrequency, Endovenous Laser Ablation/Treatment (EVLA/EVLT)

Treatment of the great saphenous veins and small saphenous veins may be considered medically necessary when **ALL** of the following criteria are met:

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- Great saphenous vein symptoms including but not limited to leg/ankle swelling, skin changes, or a venous stasis ulcer; or
- Small saphenous vein symptoms including but not limited to lateral ankle and foot swelling, or a venous stasis ulcer; and
- ALL of the general medically necessary criteria above are met; and
- One (1) treatment session each of the great saphenous veins; one (1) session for the left great saphenous vein or one (1) session for the right great saphenous vein, totaling two (2) sessions in a 12-month period; and
- One (1) treatment session each of the small saphenous veins; one (1) session for the left small saphenous vein or one (1) session for the right small saphenous vein, totaling two (2) sessions in a 12-month period.

Endovenous radiofrequency ablation of veins (VNUS/EVLA), laser ablation (EVLT) and ablation of incompetent veins include imaging guidance and catheter insertion as part of the overall procedure.

Endovenous ablation procedures for the treatment of the great saphenous and the small saphenous veins for any other indication is considered cosmetic and therefore non-covered.

#### **Procedure Codes**

36475     36476     36482     36483     37799
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## Ligation and Stripping and Phlebectomy (i.e., Stab, Hook, Transilluminated Powered):

Treatment of the great saphenous veins, small saphenous veins and/or saphenous tributaries may be considered medically necessary when the following criteria are met:

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- Related incompetent superficial veins proximal to the incompetent vein to be treated either have been or are being treated concurrently; **and**
- ALL of the general medical necessary criteria above are met.

Ambulatory phlebectomy services, procedures codes 37765 and 37766, are reported based on the number of incisions performed on each extremity. When fewer than 10 incisions are required, report code 37799.

Ligation and stripping, ambulatory phlebectomy (i.e., stab, hook, transilluminated powered) for conditions other than symptomatic veins, for any other indication is considered cosmetic and therefore non-covered.

#### **Procedure Codes**

37700	37718	37722	37765	37766	37780	37799

#### Mechanochemical Ablation:

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 Mechanochemical ablation (also referred to as MOCA, MECA) is a technique used to ablate superficial veins with an oscillating wire that rotates and disrupts the endothelial lining of target veins while a sclerosant is injected to penetrate the deep layers of the vein causing vein sclerosis. This technique is appropriate for the treatment of truncal veins.

## Sclerotherapy (Liquid or Microfoam):

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Sclerotherapy is a treatment of the veins using liquid sclerosant agents or sclerosing foam.
 Sclerosing agents are chemical agents that cause endothelial damage leading to sclerosis of the venous segment once it is injected into the vein lumen. Sclerosing foam is made from a sclerosant agent and a gas.

### **Liquid Sclerosant:**

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- Liquid sclerotherapy is often used to treat cosmetic telangiectasias and reticular veins. Liquid sclerotherapy is also of value in addressing bleeding telangiectasias and for select cases of large vein treatment where unique individual features suggest liquid may be a safer option.
- Some examples (not all inclusive) of agents for sclerotherapy include sodium tetradecyl sulfate (STS), polidocanol, sodium morrhuate, and glycerin, which is typically used with epinephrine.

## Foam Sclerosant: Ultrasound-Guided Foam Sclerotherapy (UGFS):

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Foam sclerotherapy is a procedure that is performed under ultrasound guidance. There are
different types of foam: physician-compounded foam (PCF) and non-compounded foam (NCF). The
target, non-target, perforating, and adjacent deep veins are evaluated by ultrasound. UGFS is used
for treatment of primary and recurrent varicose veins, including the distal GSV and SSV, perforating
veins, and venous malformations.

#### **Treatment Session**

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• A treatment session (visit) includes the treatment provided on the SAME day to one (1) or more veins in the SAME leg.

## Vein Anatomy

- Main Veins: Greater Saphenous Vein (GSV), Superficial Saphenous Vein/Long Saphenous Vein (SSV/LSV)
- Accessory Veins: Anterior saphenous, Anterior Circumflex, Anterior Branch Lateral saphenous, Posterior Circumflex, Posterior medial branch
- Tributary Veins: smaller branches of all of the above listed veins
- o Perforator Veins: Cockett's, Boyd's, Dodd's, Hunter's, May's, Kuster's
  - Telangiectasia/Reticular Veins: Spider Veins (considered cosmetic)

#### **COMMON ABBREVIATIONS:**

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- o CFV Common Femoral Vein: normal
- o PFV Proximal Femoral Vein
- MFV Mid Femoral Vein
- **DFV** Distal Femoral Vein: positive compress
- o Pop V Popliteal Vein: normal
- o SFJ Saphenofemoral Junction: normal
- AAGSV Anterior Accessory Great Saphenous Vein
- o PAGSV Posterior Accessory Great Saphenous Vein
- o PGSV Proximal Great Saphenous Vein
- o MGSV Mid Great Saphenous Vein
- o AAGSV Calf Anterior Accessory Great Saphenous Vein Calf
- o PAGSV Calf Posterior Accessory Great Saphenous Vein Calf
- **SPJ** Saphenopopliteal Junction
- PSSV Proximal Small Saphenous Vein
- MSSV Mid Small Saphenous Vein
- TESSV Thigh Extension Small Saphenous Vein

The standard classification of venous disease is the **CEAP (Clinical, Etiologic, Anatomic, Pathophysiologic)** classification system.

Class	Definition
C 0	No visible or palpable signs of venous disease
C <sub>1</sub>	Telangiectasies or reticular veins
C 2	Varicose veins
C <sub>2r</sub>	Recurrent varicose veins
C 3	Edema
C <sub>4</sub>	Changes in skin and subcutaneous tissue secondary to cardiovascular disease (CVD)
C <sub>4a</sub>	Pigmentation and eczema

C <sub>4b</sub>	Lipodermatosclerosis or atrophie blanche
C <sub>4C</sub>	Corona phlebectatica
C <sub>5</sub>	Healed
C 6	Active venous ulcer
C <sub>6r</sub>	Recurrent active venous ulcer
S	Symptomatic
А	Asymptomatic

#### **Policy Application**

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#### Criteria

Treatment of symptomatic varicose veins using one (1) or more of the following varicose vein treatments may be considered medically necessary when the applicable clinical criteria contained within the related individual treatment modality policy are met.

Procedure Code	Code Description	Policy Number	Policy Title
36465	INJECTION OF NON-COMPOUNDED FOAM SCLEROSANT WITH ULTRASOUND COMPRESSION MANEUVERS TO GUIDE DISPERSION OF THE INJECTATE, INCLUSIVE OF ALL IMAGING GUIDANCE AND MONITORING; SINGLE INCOMPETENT EXTREMITY TRUNCAL VEIN (e.g., GREAT SAPHENOUS VEIN, ACCESSORY SAPHENOUS VEIN)	S-552	Sclerotherapy (Liquid or Microfoam)
36466	INJECTION OF NON-COMPOUNDED FOAM SCLEROSANT WITH ULTRASOUND COMPRESSION MANEUVERS TO GUIDE DISPERSION OF THE INJECTATE, INCLUSIVE OF ALL IMAGING GUIDANCE AND MONITORING; MULTIPLE INCOMPETENT TRUNCAL VEINS (e.g., GREAT SAPHENOUS VEIN, ACCESSORY SAPHENOUS VEIN), SAME LEG	S-552	Sclerotherapy (Liquid or Microfoam)

36468	INJECTION(S) OF SCLEROSANT FOR SPIDER VEINS (TELANGIECTASIA), LIMB OR TRUNK	S-557	Spider Veins, Treatment
36470	INJECTION OF SCLEROSANT; SINGLE INCOMPETENT VEIN (OTHER THAN TELANGIECTASIA)	S-552	Sclerotherapy (Liquid or Microfoam)
36471	INJECTION OF SCLEROSANT; MULTIPLE INCOMPETENT VEINS (OTHER THAN TELANGIECTASIA), SAME LEG	S-552	Sclerotherapy (Liquid or Microfoam)
36478	IN THIS PROCEDURE, THE PROVIDER INSERTS A SPECIALLY DESIGNED LASER ABLATION CATHETER PROBE THROUGH THE SKIN AND DESTROYS THE WALL OF A DISEASED VEIN IN AN EXTREMITY. THE PROVIDER REPORTS THIS CODE FOR TREATMENT OF THE FIRST VEIN	S-556	Ligation or Ablation, Incompetent Perforator Veins
36479	IN THIS ADD-ON PROCEDURE THE PROVIDER INSERTS A SPECIALLY DESIGNED LASER ABLATION CATHETER PROBE THROUGH THE SKIN AND DESTROYS THE WALL OF A DISEASED VEIN IN A SINGLE EXTREMITY. THE PROVIDER PERFORMS THIS PROCEDURE TO ABLATE SUBSEQUENT VEINS IN THE SAME SESSION AS ABLATION OF THE INITIAL VEIN.	S-556	Ligation or Ablation, Incompetent Perforator Veins
37500	VASCULAR ENDOSCOPY, SURGICAL, WITH LIGATION OF PERFORATOR VEINS, SUBFASCIAL (SEPS)	S-553	Subfascial endoscopic perforator surgery (SEPS)
37785	LIGATION, DIVISION, AND/OR EXCISION OF VARICOSE VEIN CLUSTER(S), ONE (1) LEG	S-558	Ligation, Division, and/or Excision of Varicose Vein Cluster(s)
37799	UNLISTED PROCEDURE, VASCULAR SURGERY	S-553 S-554 S-555 S-556 S-557	Subfascial endoscopic perforator surgery (SEPS): Endovenous Cryoablation; Laser Treatment, Non-Invasive, Ligation or Laser Ablation; Incompetent Perforator Veins;

			Spider Veins, Treatment
76942	ULTRASONIC GUIDANCE FOR NEEDLE PLACEMENT (e.g., BIOPSY, ASPIRATION, INJECTION, LOCALIZATION DEVICE), IMAGING SUPERVISION AND INTERPRETATION	S-552	Sclerotherapy (Liquid or Microfoam)
J3490	UNCLASSIFIED DRUGS	S-552	Sclerotherapy (Liquid or Microfoam)
S2202	ECHOSCLEROTHERAPY	S-551	Echosclerotherapy

## **Professional Statements and Societal Positions Guidelines**

American Vein and Lymphatic Society

In 2015, the AVLS (previously named the American College of Phlebology) published guidelines on the treatment of superficial vein disease.

AVLS gave a Grade 1 recommendation based on high quality evidence that compression is an effective method for the management of symptoms, but when individuals have a correctable source of reflux, definitive treatment should be offered unless contraindicated. AVLS recommends against a requirement for compression therapy when a definitive treatment is available. AVLS gave a strong recommendation based on moderate quality evidence that endovenous thermal ablation is the preferred treatment for saphenous and accessory saphenous vein incompetence, and gave a weak recommendation based on moderate quality evidence that mechanochemical ablation may also be used to treat venous reflux.

In 2017, AVLS published guidelines on the treatment of refluxing accessory saphenous veins. The College gave a Grade 1 recommendation based on level C evidence that individuals with symptomatic incompetence of the accessory saphenous veins be treated with endovenous thermal ablation or sclerotherapy to reduce symptomatology. The guidelines noted that although accessory saphenous veins may drain into the great saphenous vein before it drains into the common femoral vein, they can also empty directly into the common femoral vein.

#### National Institute for Health and Care Excellence

In 2013, the NICE updated its guidance on ultrasound-guided foam sclerotherapy for varicose veins. NICE stated that:

- '1.1 Current evidence on the efficacy of ultrasound-guided foam sclerotherapy for varicose veins is adequate. The evidence on safety is adequate, and provided that individuals are warned of the small but significant risks of foam embolization (see section 1.2), this procedure may be used with normal arrangements for clinical governance, consent and audit.
- 1.2 During the consent process, clinicians should inform individuals that there are reports of temporary chest tightness, dry cough, headaches and visual disturbance, and rare but significant complications including myocardial infarction, seizures, transient ischaemic attacks and stroke.'

In 2015, NICE published a technology assessment on the clinical effectiveness and cost-effectiveness of foam sclerotherapy, endovenous laser ablation, and surgery for varicose veins.

In 2016, NICE revised its guidance on endovenous mechanochemical ablation, concluding that 'Current evidence on the safety and efficacy of endovenous mechanochemical ablation for varicose veins appears adequate to support the use of this procedure....'

## **Diagnosis Codes**

# Covered Diagnosis Codes for Procedure Codes 36475; 36476; 36482; 36483; 37700; 37718; 37722; 37765; 37766 and 37780.

180.00	180.01	180.02	180.03	183.011	183.012	I83.013
183.014	183.015	183.018	183.019	183.021	183.022	183.023
183.024	183.025	183.028	183.029	183.10	I83.11	183.12
183.201	183.202	183.203	183.204	183.205	183.208	183.209
183.211	183.212	183.213	183.214	183.215	183.218	183.219
183.221	183.222	183.223	183.224	183.225	183.228	183.229
183.811	183.812	183.813	183.819	183.891	183.892	183.893
183.899	187.2	187.9				

#### **CURRENT CODING**

#### CPT:

36475	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 1ST VEIN	Medicaid Expansion
36476	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 2ND+ VEINS	Medicaid Expansion
36482	ENDOVEN ABLTI THER CHEM ADHESIVE 1ST VEIN	Medicaid Expansion
36483	ENDOVEN ABLTI THER CHEM ADHESIVE SBSQ VEIN	Medicaid Expansion
37700	LIG&DIV LONG SAPH VEIN SAPHFEM JUNCT/INTERRUPJ	Medicaid Expansion

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37718	LIG DIV & STRIPPING SHORT SAPHENOUS VEIN	Medicaid Expansion
37722	LIG DIV&STRPG LONG SAPH SAPHFEM JUNCT KNE/BELW	Medicaid Expansion
37765	STAB PHLEBT VARICOSE VEINS 1 XTR 10-20 STAB INCS	Medicaid Expansion
37766	STAB PHLEBT VARICOSE VEINS 1 XTR > 20 INCS	Medicaid Expansion
37780	LIGJ & DIV SHORT SAPH VEIN SAPHENOPOP JUNCT SPX	Medicaid Expansion
37799	UNLISTED PROCEDURE VASCULAR SURGERY	Medicaid Expansion
36475	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 1ST VEIN	Commercial
36476	ENDOVEN ABLTJ INCMPTNT VEIN XTR RF 2ND+ VEINS	Commercial
36482	ENDOVEN ABLTI THER CHEM ADHESIVE 1ST VEIN	Commercial
36483	ENDOVEN ABLTI THER CHEM ADHESIVE SBSQ VEIN	Commercial
37700	LIG&DIV LONG SAPH VEIN SAPHFEM JUNCT/INTERRUPJ	Commercial
37718	LIG DIV & STRIPPING SHORT SAPHENOUS VEIN	Commercial
37722	LIG DIV&STRPG LONG SAPH SAPHFEM JUNCT KNE/BELW	Commercial
37765	STAB PHLEBT VARICOSE VEINS 1 XTR 10-20 STAB INCS	Commercial
37766	STAB PHLEBT VARICOSE VEINS 1 XTR > 20 INCS	Commercial
37780	LIGJ & DIV SHORT SAPH VEIN SAPHENOPOP JUNCT SPX	Commercial
37799	UNLISTED PROCEDURE VASCULAR SURGERY	Commercial

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## **ND Committee Review**

Internal Medical Policy Committee 1-22-2020 Effective March 02, 2020

o Added endovenous cryoablation as Experimental/Investigational

Internal Medical Policy Committee 5-24-2022 Revision of policy with coding updates. Effective July 04, 2022

- o Added Procedure Codes 36482; 36483; and
- Removed Diagnosis Codes 183.001; 183.002; 183.003; 183.004; 183.005; 183.008; and 183.009

Internal Medical Policy Committee 5-23-2023 Annual Review-no changes in criteria Effective July 03, 2023

Internal Medical Policy Committee 1-16-2024 Revision - Effective March 04, 2024

- Removed Procedure Codes 17106: 170107: 17108: 37735: 37785: and 76998: and
- o Added definitions for Treatment Session, Vein Anatomy and common abbreviations; and
- Added chart containing related individual treatment modality policies; and
- *Removed* procedure review criteria; and
- o Updated procedure guidelines; and
- Added Procedure Code 37735 in chart: and
  - o Added code description; and
  - o Added policy number and policy name; and
- Added Policy Application

Internal Medical Policy Committee 5-14-2024 Revision - Effective July 01, 2024

 Moved Procedure Codes 36478 and 36479 from Endovenous Radiofrequency, Endovenous Laser Ablation/Treatment (EVLA/EVLT) section and diagnosis section to Treatment of Symptomatic Varicose Veins section.

#### Disclaimer

Current medical policy is to be used in determining a Member's contract benefits on the date that services are rendered. Contract language, including definitions and specific inclusions/exclusions, as well as state and federal law, must be considered in determining eligibility for coverage. Members must consult their applicable benefit plans or contact a Member Services representative for specific coverage information. Likewise, medical policy, which addresses the issue(s) in any specific case, should be considered before utilizing medical opinion in adjudication. Medical technology is constantly evolving, and the Company reserves the right to review and update medical policy periodically.