

## References

### O-8

1. Bellows R, Wong CK. The Effect of bracing and balance training on ankle sprain incidence among athletes: A systematic review with meta-analysis. *Int J Sports Phys Ther*. 2018;13(3):379–388.
2. Pasha S. 3D spinal and rib cage predictors of brace effectiveness in adolescent idiopathic scoliosis. *BMC musculoskeletal disorders*. 2019;20(1):384.
3. McAviney J, Mee J, Fazalbhoy A, Du Plessis J, Brown BT. A systematic literature review of spinal brace/orthosis treatment for adults with scoliosis between 1967 and 2018: clinical outcomes and harms data. *BMC musculoskeletal disorders*. 2020;21(1):87.
4. Pennsylvania Insurance Company Law of 1921, Amended Act 98 (1998).
5. Zídka M, Džupa V. Pavlik harness and Frejka pillow: Compliance affects results of outpatient treatment. *Arch Orthop Trauma Surg*. 2019;139(11):1519-1524.
6. Karavidas N. Bracing in the treatment of adolescent idiopathic scoliosis: Evidence to date. *Adolesc Health Med Ther*. 2019;10:153-172.
7. Spierings JF, Nijdam TMP, van der Heijden L, et al. Cast versus removable orthosis for the management of stable type B ankle fractures: A systematic review and meta-analysis. *Eur J Trauma Emerg Surg*. 2023;49(5):2085-2095.