PHARMACY SERVICES

Preventive Services: Covered Tobacco Cessation Products

Are you ready to kick the habit?

We recognize it is hard to quit, but studies from the United States Preventive Services Task Force (USPSTF) show that a combination of interventions, including brief behavioral counseling sessions (less than 10 minutes) along with medication or nicotine replacement treatment are effective in increasing the success rate of people trying to quit and remain tobacco-free for one year.

Treatment

Combination therapy with counseling and medications is more effective at increasing success rates than either component alone. There are many different forms of medication treatment approved by the US Food and Drug Administration (FDA) that are effective for treating tobacco dependence in non-pregnant adults. As part of the Preventive Care Prescription Benefit, several FDA-approved tobacco cessation medications are covered at no cost to you. Treatments that are not FDA-approved medications are not covered under the prescription benefit (such as “e-cigarettes”).

For information on coverage of tobacco cessation services under the Medical Benefit, please visit your health plan’s web page.

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Blue Cross Blue Shield of North Dakota
4510 13th Ave S | Fargo, ND 58121

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Covered Prescription Medications

Available at a pharmacy at no cost to you with a valid prescription from your doctor:

- varenicline
- bupropion (tobacco cessation formulation)
- Nicotrol® nasal spray+

Covered Over-the-Counter Products

A prescription from your doctor is required for the following products to be processed at no cost to you at a pharmacy:

- Transdermal nicotine skin patches+
- Nicotine chewing gum+
- Nicotine lozenges+

Coverage Details

All covered tobacco cessation therapies are subject to quantity limits. Visit your health plan's web page for specific formulary coverage.

If your doctor believes that our tobacco cessation medications are medically inappropriate for you, you may request a coverage exception for a different medication by contacting Customer Service.

Questions?
Call the Customer Service number on your member ID card.

+Coverage is limited to no more than two (2) nicotine replacement prescriptions at the same time.