

Top Maintenance Drugs No Longer Covered and Therapeutic Alternatives

Drug Category	Non Covered Drugs	Preferred Covered Drugs
Alzheimer's Disease	ADLARTY PATCH, memantine ER capsule, NAMZARIC CAPSULE	donepezil tablet, memantine solution, memantine tablet, rivastigmine patch
Anticonvulsants	BRIVIACT, ELEPSIA XR, EPRONTIA, GRALISE, HORIZANT, lamotrigine ODT, MOTPOLY XR, OXTELLAR XR, pregabalin ER	gabapentin capsule, gabapentin tablet, lacosamide tablet, lamotrigine tablet, levetiracetam tablet, oxcarbazepine tablet, pregabalin capsule, pregabalin solution, topiramate sprinkle capsule, topiramate tablet
Asthma/COPD	AIRDUO, AIRSUPRA, ALBUTEROL HFA (authorized generics of VENTOLIN), ALVESCO, ARMONAIR, BEVESPI, breyna, budesonide/formoterol (generic SYMBICORT), DUAKLIR, FLOVENT, FLUTICASONE FUROATE/VILANTEROL (authorized generic of BREO), FLUTICASONE PROPIONATE DISKUS (authorized generic of FLOVENT DISKUS), FLUTICASONE PROPIONATE HFA (authorized generic of FLOVENT HFA), FLUTICASONE PROPIONATE/SALMETEROL HFA (authorized generic ADVAIR HFA), formoterol nebulized solution, LEVALBUTEROL HFA (authorized generic of XOPENEX HFA), LONHALA, PROAIR DIGIHALER, PROAIR RESPICLICK, PULMICORT INHALER, tiotropium (generic of SPIRIVA), TUDORZA, XOPENEX HFA, YUPELRI	ADVAIR HFA, arformoterol nebulized solution, albuterol HFA (generics of PROAIR and PROVENTIL), ANORO, ARNUITY, ASMANEX, BREO, BREZTRI, budesonide nebulized solution, COMBIVENT, DULERA, fluticasone/salmeterol diskus, FLUTICASONE/SALMETEROL (authorized generic of AIRDUO), INCRUSE, QVAR, SEREVENT, SPIRIVA, STIOLTO, STRIVERDI, SYMBICORT, TRELEGY, VENTOLIN HFA, wixela
Attention Deficit Hyperactivity Disorder (ADHD)	ADZENYS XR-ODT, amphetamine tablet, amphetamine/dextroamphetamine ER cap (generic MYDAYIS), AZSTARYS, COTEMPLA XR ODT, DYANAVEL XR SUSP, DYANAVEL XR TABLET, EVEKEO ODT, JORNAY PM, methamphetamine, methylphenidate ER capsule (generic APTENSIO XR), METHYLPHENIDATE ER TABLET (authorized generic of RELEXII), methylphenidate patch, ONYDA XR, QELBREE, QUILLICHEW, QUILLIVANT XR SUSP, RELEXII, XELSTRYM	amphetamine/dextroamphetamine ER capsule, amphetamine/dextroamphetamine tablet, dextroamphetamine solution, dextroamphetamine tablet, dextroamphetamine ER capsule, dexmethylphenidate tablet, dexmethylphenidate ER capsule, methylphenidate tablet, lisdexamphetamine, methylphenidate CD capsule, methylphenidate ER (generic CONCERTA)
Biologic Agents: RA, Psoriasis, and Inflammatory bowel disease	ACTEMRA, ADALIMUMAB biosimilars (except ADALIMUMAB-AATY, ADALIMUMAB-ADAZ, HADLIMA, SIMLANDI), BIMZELX, KINERET, SILIQ, SIMPONI (50 mg), TALTZ, VELSIPIITY	ADALIMUMAB-AATY, ADALIMUMAB-ADAZ, COSENTYX, ENBREL, ENTYVIO, HADLIMA, HUMIRA (ABBVIE), OMVOH, RINVOQ, SIMLANDI, SIMPONI (100 mg), SKYRIZI, SOTYKTU, STELARA, TREMFYA, TYENNE, XELJANZ/XR, ZEPOSIA
Bladder Incontinence	darifenacin ER tablet, fesoterodine ER, GELNIQUE GEL, GEMTESA, VESICARE LS SUSPENSION	mirabegron, MYRBETRIQ GRANULES, MYRBETRIQ TABLETS, oxybutynin solution, oxybutynin tablet, oxybutynin ER tablet, solifenacin tablet, tolterodine tablet, tolterodine ER capsule, trospium tablet, trospium ER capsule
Blood Pressure Agents	aliskiren tablet, carvedilol ER capsule, CONJUPRI, diltiazem ER tablets, DUTOPROL, EDARBI, EDARBYCLOR, HEMANGEOL SOLUTION, INDERAL XL, INNOPRAN XL, isradipine, KAPSPARGO, KATERZIA, LEVAMLODIPINE, matzim la, nicardipine, NISOLDIPINE ER, NORLIQVA, telmisartan/hydrochlorothiazide, SOTYLIZE SOLUTION, TEKTURN HCT, VERAPAMIL ER CAPSULES, VERELAN PM	amlodipine, amlodipine/valsartan, amlodipine/valsartan/hctz, atenolol, bisoprolol, candesartan, candesartan/hctz, carvedilol tablet, diltiazem ER capsules (except 360mg), diltiazem tablets, enalapril, irbesartan, irbesartan/hctz, lisinopril, losartan, losartan/hctz, metoprolol, nebivolol, olmesartan, olmesartan/hctz, propranolol solution, propranolol tablet, telmisartan, valsartan, valsartan/hctz, verapamil, verapamil ER
BPH/Enlarged Prostate	CARDURA XL, dutasteride/tamsulosin, ENTADFI	alfuzosin ER tablet, finasteride, silodosin capsule, tadalafil 5 mg, tamsulosin capsule, terazosin
Combination Mental Health drugs	LYBALVI, olanzapine/fluoxetine capsule	fluoxetine capsule, olanzapine tablet
Diabetic Agents- Insulin	ADMELOG, AFREZZA, APIDRA, BASAGLAR, FIASP PUMPCART, INSULIN ASPART, INSULIN ASPART 70/30, INSULIN ASPART MIX, INSULIN GLARGINE (biologic by Winthrop), INSULIN LISPRO, INSULIN LISPRO MIX, LANTUS, REZVOGLAR	FIASP, HUMALOG, HUMALOG MIX, HUMULIN 70/30, HUMULIN N, HUMULIN R, INSULIN DEGLUDEC, INSULIN GLARGINE-YFGN, LEVEMIR, LYUMJEV, NOVOLIN 70/30, NOVOLIN N, NOVOLIN R, NOVOLOG, NOVOLOG MIX, SEMGLEE-YFGN, TOUJEO, TRESIBA

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Diabetic Agents- Other	ADLYXIN, ALOGLIPTIN, ALOGLIPTIN/METFORMIN, ALOGLIPTIN/PIOGLITAZONE, BEXAGLIFLOZIN (authorized generic of BRENZAVVY), BRENZAVVY, BYETTA, DAPAGLIFLOZIN (authorized generic of FARXIGA), DAPAGLIFLOZIN/METFORMIN (authorized generic of XIGDUO XR), INVOKAMET, INVOKAMET XR, INVOKANA, JENTADUETO, JENTADUETO XR, KAZANO, LIRAGLUTIDE, metformin ER modified release (generic GLUMETZA), metformin ER osmotic release (generic FORTAMET), metformin solution (generic RIOMET), NESINA, OSENI, QTERN, saxagliptin, saxagliptin/metformin XR, SEGLUROMET, SITAGLIPTIN (authorized generic of ZITUVIO), SITAGLIPTIN/METFORMIN, STEGLATRO, STEGLUJAN, TRADJENTA, VICTOZA, ZITUVIO	FARXIGA, glipizide/metformin, glyburide/metformin, GLYXAMBI, JANUMET, JANUMET XR, JANUVIA, JARDIANCE, metformin, metformin ER (generic GLUCOPHAGE XR), MOUNJARO, OZEMPIC, pioglitazone/metformin, RYBELSUS, SOLIQUA, SYNJARDY, SYNJARDY XR, TRIJARDY XR, TRULICITY, XIGDUO XR, XULTOPHY
Dry Eyes	CEQUA, cyclosporine (generic RESTASIS), EYSUVIS, MIEBO, TYRVAYA, VEVYE, XIIDRA	Talk to your pharmacist or doctor about over-the-counter options.
Fish Oil	icosapent ethyl (generic VASCEPA), omega-3-acid ethyl esters capsule	VASCEPA
Glaucoma	BETIMOL, BETOPTIC-S, bimatoprost solution 0.03%, brimonidine solution 0.1%, brimonidine solution 0.15%, brimonidine/timolol solution, brinzolamide solution, COMBIGAN, IOPIDINE SOLUTION, IYUZEH, LUMIGAN, RHOPRESSA, ROCKLATAN, tafluprost solution, timolol (generic ISTALOL), timolol (generic TIMOPTIC OCUDOSE), timolol gel solution (generic TIMOPTIC-XE), travoprost solution, VYZULTA, XELPROS	brimonidine 0.2% solution, dorzolamide solution, dorzolamide/timolol solution, latanoprost solution, SIMBRINZA, timolol solution
Glucose Test Strips	Abbott (FreeStyle, Precision), Nipro (TRUtest, TRUEtrack), Roche (Accu-Chek)	Ascensia (Contour), Lifescan (OneTouch)
Growth Hormones	HUMATROPE, NORDITROPIN, NUTROPIN AQ, SAIZEN, SEROSTIM, ZOMACTON, ZORBTIVE	GENOTROPIN, OMNITROPE
High Cholesterol	ALTOPREV, ATORVALIQ, EZALLOR, EZETIMIBE/ROSUVASTATIN (authorized generic of ROSZET), FLOLIPID, fluvastatin capsule, fluvastatin ER tablet, PRALUENT, pitavastatin, ROSZET, ZYPITAMAG	atorvastatin tablet, ezetimibe tablet, ezetimibe/simvastatin, lovastatin tablet, NEXLETOL, NEXLIZET, pravastatin tablet, REPATHA, rosuvastatin tablet, simvastatin tablet
Inflammatory Bowel Agents	budesonide ER tablet, DIPENTUM, mesalamine ER capsule 500 mg, ORTIKOS, PENTASA	balsalazide capsule, budesonide DR capsule, mesalamine ER capsule (except 500 mg), mesalamine DR capsule, mesalamine DR tablet, mesalamine enema, mesalamine suppository, sulfasalazine tablet
Irritable Bowel Syndrome (IBS)	AEMCOLO	alosetron tablet, VIBERZI TABLET, XIFAXAN 550 mg TABLET
Mental Health Agents	APLENZIN TABLET, AUVELITY, BUPROPION ER TABLET (authorized generic of FORFIVO XL), CAPLYTA CAPSULE, CITALOPRAM CAPSULE, DESVENLAFAXINE TABLET (authorized generic of KHEDEZLA), DRIZALMA, fluoxetine tablet 60 mg, fluvoxamine ER capsule, FORFIVO XL TABLET, nefazodone tablet, paroxetine ER tablet, paroxetine suspension, SERTRALINE CAPSULE, VENLAFAXINE BESYLATE ER TABLET	bupropion tablet, bupropion SR tablet, bupropion XL tablet, citalopram tablet, desvenlafaxine succinate ER tablet (generic PRISTIQ), duloxetine capsule, escitalopram tablet, fluoxetine capsule, fluoxetine tablet 10 mg, fluoxetine tablet 20 mg, paroxetine tablet, sertraline tablet, trazodone tablet, venlafaxine tablet, venlafaxine ER capsule, vilazodone
Nonsteroidal Anti-Inflammatory Agents (NSAIDS)	COXANTO, DICLOFENAC (authorized generic of ZORVOLEX), fenoprofen, ibuprofen/famotidine tablet, INDOMETHACIN (authorized generic of TIVORBEX), meloxicam capsules, naproxen-esomeprazole tablet, naproxen suspension, OXAPROZIN 300 mg, SPRIX NASAL, TIVORBEX, ZORVOLEX	Talk to your pharmacist or doctor about over-the-counter options. The following prescription alternatives are available: diclofenac DR tablet, ibuprofen tablet, meloxicam tablet, nabumetone tablet, naproxen tablet, oxaprozin 600 mg
Osteoporosis	BINOSTO TABLET, FOSAMAX PLUS D TABLET, TERIPARATIDE 620 mcg/2.48 ml	alendronate tablet, ibandronate tablet, risedronate DR tablet, risedronate tablet, teriparatide pen-injection 600 mcg/2.4 ml, TYMLOS
Pancreatic Enzymes	PANCREAZE, PERTZYE, VIOKACE	CREON, ZENPEP
Proton Pump Inhibitors	esomeprazole capsule, KONVOMEF, lansoprazole capsule, lansoprazole ODT tablet, PRILOSEC POWDER PACKET, pantoprazole powder packet, rabeprazole capsule, rabeprazole tablet, VOQUEZNA TABLET	Talk to your pharmacist or doctor about over-the-counter options. The following prescription alternatives are available: esomeprazole powder packet, omeprazole capsule (10 mg, 20 mg, 40 mg), pantoprazole tablet (20 mg, 40 mg)
Sleep Aids, Hypnotics	BELSOMRA, DAYVIGO, doxepin tablet (generic SILENOR), EDLUAR, QUVIVIQ, zolpidem sublingual tablet, ZOLPIMIST	eszopiclone tablet, zaleplon capsule, zolpidem tablet, zolpidem ER tablet
Testosterone Products	ANDRODERM, JATENZO, KYZATREX, NATESTO NASAL, testosterone gel packets 1.62%, TLANDO, VOGELXO, XYOSTED	testosterone gel (generic Androgel), testosterone cypionate solution, testosterone enanthate solution, testosterone topical solution (generic Axiron)

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Ulcer Drugs, H-2 Antagonists	cimetidine solution, cimetidine tablet, famotidine tablet (20 mg), NIZATIDINE CAPSULE	Talk to your pharmacist or doctor about over-the-counter options. The following prescription alternatives are available: famotidine suspension, famotidine tablet (40 mg)
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In accordance with federal regulations, Blue Cross Blue Shield of North Dakota is required to provide you the following disclosure:

Blue Cross Blue Shield of North Dakota complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex. Blue Cross Blue Shield of North Dakota does not exclude people or treat them differently because of race, color, national origin, age, disability, gender identity, sexual orientation or sex.

Blue Cross Blue Shield of North Dakota:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, please call Member Services at 1-844-363-8457 (toll-free) or through the North Dakota Relay at 1-800-366-6888 or 711.

If you believe that Blue Cross Blue Shield of North Dakota has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex, you can file a grievance with:

Civil Rights Coordinator

4510 13th Ave S

Fargo, ND 58121

701-297-1638 or North Dakota Relay at 800-366-6888 or 711

701-282-1804 (fax)

CivilRightsCoordinator@bcbsnd.com (email) (Communication by unencrypted email presents a risk.)

You can file a grievance in person or by mail, fax, or email within 180 days of the date of the alleged discrimination. Grievance forms are available at <http://www.bcbsnd.com/report> or by calling 1-844-363-8457. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

800-368-1019 or 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-363-8457 (TTY: 1-800-366-6888 oder 711).

中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-363-8457 (TTY: 1-800-366-6888 或 711)。

Oroomiffa (Oromo)

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-844-363-8457 (TTY: 1-800-366-6888 ykn 711).

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-363-8457 (TTY: 1-800-366-6888 hoặc 711).

Ikirundi (Bantu – Kirundi)

ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-844-363-8457 (TTY: 1-800-366-6888 canke 711).

العربية (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-844-363-8457 (رقم هاتف الصم والبكم: 1-800-366-6888 أو 711).

Kiswahili (Swahili)

KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu 1-844-363-8457 (TTY: 1-800-366-6888 au 711).

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-363-8457 (телетайп: 1-800-366-6888 или 711).

日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-844-363-8457 (TTY: 1-800-366-6888 または 711) まで、お電話にてご連絡ください。

नेपाली (Nepali)

ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-844-363-8457 (टिटिवाइ: 1-800-366-6888 वा 711) ।

Français (French)

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-363-8457 (ATS : 1-800-366-6888 ou 711).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-363-8457 (TTY: 1-800-366-6888 또는 711)번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

Norsk (Norwegian)

MERK: Hvis du snakker norsk, er gratis språkassistansetjenester tilgjengelige for deg. Ring 1-844-363-8457 (TTY: 1-800-366-6888 eller 711).

Diné Bizaad (Navajo)

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojí' hódííłnih 1-844-363-8457 (TTY: 1-800-366-6888 éí doodagó 711.)