# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered ServicesCoverage Period: Beginning on or after 01/01/2025BCBSND: DakotaBlue Silver 80 1000 87% TrinityCoverage for: Individual, Parent and Child, Parent and Children, Two Person, Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-363-8457 or visit www.bcbsnd.com/plandocuments. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary</u> or call 1-844-363-8457 to request a copy.

Important Questions	Answers	Why This Matters:	
What is the overall <u>deductible</u> ?	For Preferred <u>network providers</u> <b>\$1,000</b> individual / <b>\$2,000</b> parent and child / <b>\$2,000</b> parent and children / <b>\$2,000</b> two person / <b>\$2,000</b> family For Enhanced <u>network providers</u> <b>\$2,000</b> individual / <b>\$4,000</b> parent and child / <b>\$4,000</b> parent and children / <b>\$4,000</b> two person / <b>\$4,000</b> family For Standard <u>network providers</u> <b>\$2,500</b> individual / <b>\$5,000</b> parent and child / <b>\$5,000</b> parent and children / <b>\$5,000</b> two person / <b>\$5,000</b> family For Nonparticipating <u>providers</u> <b>\$5,500</b> individual / <b>\$11,000</b> parent and child / <b>\$11,000</b> parent and children / <b>\$11,000</b> two person / <b>\$11,000</b> family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .	
Are there services covered before you meet your <u>deductible</u> ?	Yes, <u>preventive care</u> .	Imily thand imily 	
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For Preferred <u>network providers</u> <b>\$2,600</b> individual / <b>\$5,200</b> parent and child / <b>\$5,200</b> parent and children / <b>\$5,200</b> two person / <b>\$5,200</b> family For Enhanced <u>network providers</u> <b>\$3,050</b> individual / <b>\$6,100</b> parent and child / <b>\$6,100</b> parent and children / <b>\$6,100</b> two person / <b>\$6,100</b> family For Standard <u>network providers</u> <b>\$7,500</b> individual / <b>\$15,000</b> parent and child / <b>\$15,000</b> parent and children / <b>\$15,000</b> two person / <b>\$15,000</b> family For Nonparticipating <u>providers</u> <b>\$9,000</b> individual / <b>\$18,000</b> parent and child / <b>\$18,000</b> parent and children / <b>\$18,000</b> two person / <b>\$18,000</b> family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.	

Important Questions	Answers	Why This Matters:
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billed</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbsnd.com/find-a-doctor</u> or call 1-844-363-8457 for a list of <u>network providers</u> .	You pay the least if you use a <u>provider</u> in the Preferred <u>network</u> . You pay more if you use a <u>provider</u> in the Enhanced or Standard <u>network</u> . You will pay the most if you use a Nonparticipating <u>provider</u> , and you might receive a bill from a provider for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware, your <u>network provider</u> might use a Nonparticipating <u>provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

			What You	Will Pay		Limitations
Common Medical Event	Services You May Need	Preferred Network Provider (You will pay the least)	Enhanced Network Provider	Standard Network Provider	Nonparticipating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$10 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	50% coinsurance	50% <u>coinsurance</u>	None
lf you visit a health	<u>Specialist</u> visit	\$10 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	50% coinsurance	50% <u>coinsurance</u>	None
care <u>provider's</u> office or clinic	<u>Preventive</u> <u>care/screening</u> / immunization	No charge	No charge	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.

			What You	Will Pay		Limitations,
Common Medical Event	Services You May Need	Preferred Network Provider (You will pay the least)	Enhanced Network Provider	Standard Network Provider	Nonparticipating Provider (You will pay the most)	Exceptions, & Other Important Information
If you have a test	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you have a test	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
	Value drugs	\$5 <u>copay/</u> prescription; <u>deductible</u> does not apply (retail & mail order)	\$5 <u>copay/</u> prescription; <u>deductible</u> does not apply (retail & mail order)	\$5 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	Not covered	
	Generic preferred drugs (Tier 1)	\$10 <u>copav</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$10 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$10 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	Not covered	
If you need drugs to treat your illness or condition More information about prescription	Generic nonpreferred drugs (Tier 2)	\$10 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$10 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$10 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	Not covered	Benefits are subject to the <u>copay</u> application described in the benefit plan. *See section 1.
drug coverage is available at www.bcbsnd.com /members/rx-tools	Brand name preferred drugs (Tier 3)	\$40 <u>copay/</u> prescription; <u>deductible</u> does not apply (retail & mail order)	\$40 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$40 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	Not covered	
	Brand name nonpreferred drugs (Tier 4)	\$75 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$75 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	\$75 <u>copay</u> / prescription; <u>deductible</u> does not apply (retail & mail order)	Not covered	
	Specialty preferred drugs (Tier 5)	30% coinsurance	30% <u>coinsurance</u>	30% coinsurance	Not covered	Specialty drugs must be received from the
	Specialty nonpreferred drugs (Tier 6)	50% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Not covered	preferred specialty pharmacy <u>network</u> .

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsnd.com/plandocuments</u>.

			Limitationa			
Common Medical Event	Services You May Need	Preferred Network Provider (You will pay the least)	Enhanced Network Provider	Standard Network Provider	Nonparticipating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
outpatient surgery	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
	Emergency room care	20% coinsurance	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	None
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	None
	<u>Urgent care</u>	\$10 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you have a	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Precertification may be required.
hospital stay	Physician/surgeon fees	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$10 <u>copay</u> /office visit; <u>deductible</u> does not apply 20% <u>coinsurance</u> for other outpatient services	20% <u>coinsurance/</u> office visit; Preferred network <u>deductible</u> applies 20% <u>coinsurance</u> for other outpatient services; Preferred network <u>deductible</u> applies	50% <u>coinsurance</u> / office visit 50% <u>coinsurance</u> for other outpatient services	50% <u>coinsurance</u> / office visit 50% <u>coinsurance</u> for other outpatient services	<u>Precertification</u> may be required.
	Inpatient services	20% coinsurance	20% <u>coinsurance;</u> Preferred network <u>deductible</u> applies	50% coinsurance	50% <u>coinsurance</u>	Precertification may be required.

			What You	Will Pay		Limitations,
Common Medical Event	Services You May Need	Preferred Network Provider (You will pay the least)	Enhanced Network Provider	Standard Network Provider	Nonparticipating Provider (You will pay the most)	Exceptions, & Other Important Information
	Office visits	No charge	No charge	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
If you are pregnant	Childbirth/delivery professional services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
	Home health care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	40 visits max/benefit period may apply. <u>Precertification</u> is required.
	Rehabilitation services	\$10 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 visits max/benefit period may apply for each therapy: physical, occupational and speech.
If you need help recovering or have other special health needs	ing or have \$10 <u>copay</u> /visit;	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 visits max/benefit period may apply for each therapy: physical, occupational and speech.	
	Skilled nursing care	20% <u>coinsurance</u>	40% coinsurance     50% coinsurance     50% coinsurance     50% coinsurance     30 days r	30 days max/benefit period may apply. <u>Precertification</u> is required.		
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Precertification may be required.
	Hospice services	20% <u>coinsurance</u>	40% coinsurance	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None

			What You	Will Pay		Limitations,
Common Medical Event	Services You May Need	Preferred Network Provider (You will pay the least)	Enhanced Network Provider	Standard Network Provider	Nonparticipating Provider (You will pay the most)	Exceptions & Other
	Children's eye exam	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	Not covered	One exam/benefit period.
lf your child needs dental or eye care	Children's glasses	20% <u>coinsurance</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Not covered	Lenses allowed 1/benefit period. Frames allowed once every other benefit period.
	Children's dental check-up	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	\$40 <u>copav</u> /visit; <u>deductible</u> does not apply	50% <u>coinsurance</u>	Not covered	Routine exam allowed 2/benefit period and cleanings allowed 4/benefit period.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)							
Abortions (except if necessary to prevent the	Infertility treatment	•	Routine eye care (adult)				
woman's death) •	Long-term (custodial) care	٠	Routine foot care (except if medically				
Acupuncture	Non-emergency care when traveling outside the U.S.		necessary for members with circulatory				
Cosmetic surgery	Nonformulary drugs		disorders)				
Dental care (adult)	Private-duty nursing	٠	Weight loss programs				

01	Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)						
•	Bariatric surgery (lifetime maximum of 1 operative	٠	Chiropractic care (20 visits/benefit period)		•	Hearing aids (1 hearing aid per ear	
	procedure may apply)					every 3 years)	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: BCBSND at 1-844-363-8457 or <a href="https://www.bcbsnd.com">www.bcbsnd.com</a>; or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">www.bcbsnd.com</a>; or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">www.bcbsnd.com</a>; or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>. The contact information about the <a href="https://www.HealthCare.gov">https://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: North Dakota Insurance Department at 1-701-328-2440, 1-800-247-0560 or <u>www.nd.gov/ndins/contact</u>.

# Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# Language Access Services:

See BCBSND's attached disclosure for information on available language assistance services.

—To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal o hospital delivery)		Managing Joe's type 2 Diak (a year of routine in-network care or controlled condition)	Mia's Simple Fracture (in-network emergency room visit and follow up care)		
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$10 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$10 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$10 20% 20%
This EXAMPLE event includes service <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Service Childbirth/Delivery Facility Services <u>Diagnostic tests</u> ( <i>ultrasounds and blood</i> <u>Specialist</u> visit ( <i>anesthesia</i> )	S	This EXAMPLE event includes service <u>Primary care physician</u> office visits (includise <u>disease education</u> ) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose me	ıding	This EXAMPLE event includes serv Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical there	)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,000	Deductibles	\$200	Deductibles	\$1,000
Copayments	\$40	\$40 <u>Copayments</u> \$400 <u>Copaymen</u>		<u>Copayments</u>	\$60
<u>Coinsurance</u>	\$1,550	<u>Coinsurance</u>	\$30	<u>Coinsurance</u>	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$20	Limits or exclusions	\$0	Limits or exclusions	
The total Peg would pay is					\$0



In accordance with federal regulations, Blue Cross Blue Shield of North Dakota is required to provide you the following disclosure:

Blue Cross Blue Shield of North Dakota complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex. Blue Cross Blue Shield of North Dakota does not exclude people or treat them differently because of race, color, national origin, age, disability, gender identity, sexual orientation or sex.

Blue Cross Blue Shield of North Dakota:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, please call Member Services at 1-844-363-8457 (toll-free) or through the North Dakota Relay at 1-800-366-6888 or 711.

If you believe that Blue Cross Blue Shield of North Dakota has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, gender identity, sexual orientation or sex, you can file a grievance with:

Civil Rights Coordinator 4510 13th Ave S Fargo, ND 58121 701-297-1638 or North Dakota Relay at 800-366-6888 or 711 701-282-1804 (fax) <u>CivilRightsCoordinator@bcbsnd.com</u> (email) (Communication by unencrypted email presents a risk.)

You can file a grievance in person or by mail, fax, or email within 180 days of the date of the alleged discrimination. Grievance forms are available at <a href="http://www.bcbsnd.com/report">http://www.bcbsnd.com/report</a> or by calling 1-844-363-8457. If you need help filing a grievance, the Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue SW.

Room 509F, HHH Building

Washington, DC 20201

800-368-1019 or 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html

# Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

### Deutsch (German)

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-844-363-8457 (TTY: 1-800-366-6888 oder 711).

## 中文 (Chinese)

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-363-8457(TTY: 1-800-366-6888 或 711)。

#### Oroomiffa (Oromo)

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-844-363-8457 (TTY: 1-800-366-6888 ykn 711).

#### Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-363-8457 (TTY: 1-800-366-6888 hoặc 711).

#### Ikirundi (Bantu – Kirundi)

ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-844-363-8457 (TTY: 1-800-366-6888 canke 711).

(Arabic) العربية

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 8457-863-844 (رقم هاتف الصم والبكم: 8888-366-880 أو 711 ).

#### Kiswahili (Swahili)

KUMBUKA: Ikiwa unazungumza Kiswahili, unaweza kupata, huduma za lugha, bila malipo. Piga simu 1-844-363-8457 (TTY: 1-800-366-6888 au 711).

#### Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-363-8457 (телетайп: 1-800-366-6888 или 711).

## 日本語 (Japanese)

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-844-363-8457(TTY: 1-800-366-6888 または 711)まで、お電話にてご連絡ください。

# नेपाली (Nepali)

ध्यान दिन्होस्: तपाईंले नेपाली बोल्न्हुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-844-363-8457 (टिटिवाइ: 1-800-366-6888 वा 711) ।

## Français (French)

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-363-8457 (ATS : 1-800-366-6888 ou 711).

# 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-363-8457 (TTY: 1-800-366-6888 또는 711)번으로 전화해 주십시오.

## Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-363-8457 (TTY: 1-800-366-6888 o 711).

#### Norsk (Norwegian)

MERK: Hvis du snakker norsk, er gratis språkassistansetjenester tilgjengelige for deg. Ring 1-844-363-8457 (TTY: 1-800-366-6888 eller 711).

## Diné Bizaad (Navajo)

Díí baa akó nínízin: Díí saad bee yáníłti'go **Diné Bizaad**, saad bee áká'ánída'áwo'dęé', t'áá jiik'eh, éí ná hóló, kojj' hódíílnih 1-844-363-8457 (TTY: 1-800-366-6888 éí doodagó 711.)