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Noridian Mutual Insurance Company

Preventive Health Benefits and Coding

The Preventive Health Benefits and Coding Guidelines (Guidelines) provide additional information related to specific types of preventive services, as defined under the Patient Protection and Affordable Care Act, which may be covered under a Member's Benefit Plan depending on factors such as grandfathered status, product type and anniversary date, and contraception exemptions. The terms and conditions of the written Benefit Plan govern the benefits available to Members, and the Guidelines do not guarantee coverage or payment for a particular service. Members should contact Member Services at the telephone number and address on the back of their Identification Card for further preventive services information.

Guidelines

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Immunizations	Immunizations recommended by the Centers for Disease Control and prevention for age, sex, gender www.cdc.gov/vaccines	See ICD-9-CM for appropriate V code for prophylactic vaccination	See CPT® for appropriate vaccine and administration codes
Infants & Children			
Well Child Care • 7 visits from birth through 12 months, • 4 visits from 13 months through 35 months, • annual visit after 36 months	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures	V20.31, V20.32, V20.2, V70.0	99381-99385; 99391-99395
Vision Screening 1 per calendar year through age 21	Graduated visual acuity stimuli that allow a quantitative estimate of visual acuity (e.g., Snellen chart). Does not include refractions.	V20.2, V70.0	99173
Hearing Screening 1 per calendar year through age 21	Requires use of calibrated electronic equipment; tests using other methods (e.g., whispered voice, tuning fork) are not reported separately.	V20.2, V72.19	92551, 92552
Developmental/Autism Screening 1 per calendar year through age 2	Screening to determine if the patient needs additional work-up for a developmental disorder. Requires use of a Standardized, validated tool	V20.2, V79.3	96110
Hematocrit or Hemoglobin 1 up to Member's 2nd birthday	Screening for Iron Deficiency Anemia	V20.2, V78.0	85013 or 85014 or 85018
Lead Screening Assessment Up to Member's 7th birthday	For children at risk for lead exposure	V82.5	83655
Tuberculin Test Through age 21	Screening test for tuberculosis if determined to be at high risk	V74.1	86580

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Infants & Children (continued)			
Cholesterol Screening 1 every 5 years	Screening test for high cholesterol if determined to be at high risk	V77.91	80061 or 82465 or 83718
Phenylketonuria Screening	Federally mandated newborn test Generally provided prior to newborn discharge	V77.3 Included in Newborn Hospital Claim	84030
Congenital Hypothyroidism	Federally mandated newborn test Generally provided prior to newborn discharge	V77.0 Included in Newborn Hospital Claim	84437 or 84443 or S3620
Sickle Cell Screening	Federally mandated newborn test Generally provided prior to newborn discharge	V78.2 Included in Newborn Hospital Claim	83020 or 83021
Gonorrhea, Prophylactic Eye Medication	Generally provided prior to newborn discharge	Included in Newborn Hospital Claim	
Oral Health	Oral health screenings by a primary care provider and referral to a dentist at the appropriate age.	Assessment Included in Well Child Care preventive visit	
Fluoride	Prescription fluoride may be prescribed if determined to be medically necessary; Over-the-counter fluoride tablets will be non covered.	Precription required. Handled through the pharmacy benefit manager.	

Adult/Adolescent Preventive Services			
Annual Visit	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures	V70.0	99381-99385; 99391-99395
Screening for Diabetes	Screening for type 2 diabetes in asymptomatic adults with sustained blood pressure (either treated or untreated) greater than 135/80 mm Hg.	V77.1	82947 or 83036
Counseling for sexually transmitted infections (STI)	High-intensity behavioral counseling interventions targeted to sexually active adolescents and adults at increased risk for STIs to reduce the incidence of STIs.	V69.2, V65.45, V74.5	Included in Preventive office visit or 99401-99404 if sole service
Counseling and screening for human immune deficiency virus (HIV)	Screening for HIV recommended for all pregnant women, adolescents and adults at increased risk for HIV infection.	V73.89, V22.0-V23.9	86701* or 86703* or 86689* or 87389 or 87390 or 87534 or 87535 or G0432 or G0433 or G0435 *provided by the state of ND for free Counseling included in preventive office visit or 99401-99404 if sole service

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Adult/Adolescent Preventive Services (continued)			
Alcohol and Drug Use Assessment	Annual Screening in primary care settings can identify patients whose levels or patterns of alcohol consumption place them at risk for increased morbidity and mortality.	V79.1	99408, 99409, G0396 or G0397 if sole service or included in preventive office visit
Sexually Transmitted Disease Testing			
Chlamydial Infection	Chlamydial infection is the most common sexually transmitted bacterial infection in the United States. In women, genital chlamydial infection may result in urethritis, cervicitis, pelvic inflammatory disease, infertility, ectopic pregnancy and chronic pelvic pain. Chlamydial infection during pregnancy is related to adverse pregnancy outcomes, including miscarriage, premature rupture of membranes, preterm labor, low birth weight and infant mortality.	V73.88, V73.98, V22.0-V23.9	86631, 86632, 87110, 87270, 87490, 87491
Gonorrhea	Women with asymptomatic gonorrhea infection have high morbidity due to pelvic inflammatory disease, ectopic pregnancy and chronic pelvic pain. Pregnant women with gonorrhea infection are at risk for preterm rupture of membranes, preterm labor and chorioamnionitis.	V74.5, V22.0-V23.9	87590 or 87591 or 87850
Syphilis	Screening tests can accurately detect syphilis infection and prescription antibiotics can cure syphilis.	V69.2, V74.5, V22.0-V23.9	80055, 86592, 86780
Colorectal Cancer Screening	Screening for colorectal cancer using fecal occult blood testing on an annual basis, sigmoidoscopy every 5 years or colonoscopy every 10 years recommended in adults beginning at age 50 and continuing until age 75	V76.51, V16.0, V18.51	82270, 82274, 45330, 45331, 45333, 45334, 45338, 45339, 45378, 45380, 45382, 45383, 45384, 45385
Aspirin 81 mg when prescribed	Use of aspirin for men ages 45-79 or women ages 55-79 when the potential benefit of a reduction in ischemic strokes outweighs the potential harm of an increase in gastrointestinal hemorrhage.	Precription required. Handled through the pharmacy benefit manager.	
Depression Screening	Screening of adolescents and adults when necessary resources are in place to assure accurate diagnosis, effective treatment and follow-up.		Included in preventive visit

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Adult/Adolescent Preventive Services (continued)			
Diet, Behavioral Counseling for Hyperlipidemia. Licensed Registered Dietician visits are available up to 4 visits per year for hyperlipidemia and 2 visits per year for hypertension	Intensive behavioral dietary counseling for adult patients with hyperlipidemia and other known risk factors for cardiovascular and diet-related chronic disease	272.0-272.9, (Chol) 401-405.9 (HTN)	Counseling Included in Preventive office visit or 99401-99404 if sole service. LRDs use 97802, 97803, 97804.
Lipid Disorders (Cholesterol Screening) 1 every 5 years	High levels of total cholesterol and low density lipoprotein-cholesterol (LDL-C) and low levels of high denisty lipoprotein-cholesterol (HDL-C) are risk factors for coronary heart disease. Lipid measurement can identify asymptomatic men and women who are eligible for preventive therapy.	V77.91, V70.0	80061 or 82465, 83718
High Blood Pressure Screening	Hypertension is a condition that contributes to significant adverse health outcomes, including premature deaths, heart attacks, renal insufficiency and stroke. Screening for hypertension can identify adults at increased risk for cardiovascular disease due to high blood pressure.	V70.0	Included in preventive visit.
Obesity Screening and Counseling Licensed Registered Dietician visits are available up to 4 visits per year for obesity	Calculating Body Mass Index identifies adults at increased risk for mortality and morbidity due to overweight and obesity. High-intensity counseling about diet, exercise or both together with behavioral interventions aimed at skill development, motivation and support strategies produce modest, sustained weight loss in adults who are obese.	V77.8, V70.0	Included in preventive visit LRDs use 97802, 97803, 97804 with diagnosis code 278.00-278.03
Tobacco Counseling 2 quit attempt cycles per year. A quit attempt cycle includes 4 counseling visits and/or a 3-month supply of nicotine or non-nicotine replacement therapy.	Clinicians should ask all adults about tobacco use and provide tobacco cessation interventions for those who use tobacco products	305.1	99406, 99407 if sole service or included in preventive visit

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Women's Preventive Services - available 8/1/12 and anniversary after			
Pap Smear 1 per Calendar year (No age restriction)	Screening for cervical cancer	V72.31, V76.2	88141-88175
Human Papillomavirus (HPV) Testing	Screening for HPV infection that may be associated with cervical cancer. Perform screening every 3 years beginning at age 30.	V73.81	87620-87621
Annual visit	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures	V70.0, V72.31	99381-99385; 99391-99395
Screening and Counseling for Interpersonal and Domestic Violence	Screening and counseling involve elicitation of information from women and adolescents about current and past violence and abuse in a culturally sensitive and supportive manner.	V70.0, V72.31	Included in Preventive office visit or 99401-99404 if sole service
Counseling for sexually transmitted infections.	Annual Counseling on sexually transmitted infections for all sexually active women	V70.0, V65.45	Included in Preventive office visit
Contraception	Access to all Food and Drug Administration approved contraceptive methods requiring a prescription (formulary and generic medications), outpatient female sterilization procedures, and patient education and counseling for women with reproductive capacity. No coverage for over-the-counter contraceptive or supplies. IUD removal allowed only if there is re-insertion. No coverage for brochures or educational materials.	V25.01-V25.09, V25.11, V25.13, V25.2, V25.40, V25.41, V25.42, V25.43, V25.49, V25.5, V25.8, V70.0, V72.31	S0610, S0612, S0613, A4261, A4264, A4266, J7300, J7302, J7306, J7307, S4981, S4989, 11980, 11981, 57170, 58300, 58565, 58600, 58605, 58611, 58615, 58670, 58671, 96372 w/J1055, J1056 . No coverage for brochures or educational materials. Education and counseling included in the preventive visit.
Breast Cancer Screening;	1 Screening mammography between ages 35 and 40 and then annually with or without clinical breast examination	V76.11, V76.12	77052, 77057, G0202
Discussion of chemoprevention for high risk Breast Cancer	Clinicians should discuss chemoprevention with women at high risk for breast cancer and at low risk for adverse effects of chemoprevention. Clinicians should inform patients of the potential benefits and harms of chemoprevention.		Discussion included in preventive visit.
Breast and Ovarian Cancer Susceptibility, Genetic Risk Assessment	Discussion on breast and ovarian cancer susceptibility includes genetic risk assessment and BRCA mutation testing based on family risk factors	V70.0, V72.31	Assessment included in preventive visit
Osteoporosis Screening	Screening to measure bone mass for risk of osteoporosis once every 2 years	V82.81	77080, 77081

Preventive Service	Description	Diagnosis Code	CPT®/HCPCS Code
Women's Preventive Services - available 8/1/12 and anniversary after (continued)			
Folic Acid	For women planning or capable of pregnancy to prevent neural tube defects. Does not include over-the-counter prenatal or multi-vitamins with folic acid.	Prescription required. Handled through the Pharmacy Benefit Manager.	
Pregnant Women			
Screening for Gestational Diabetes	In pregnant women between 24 and 48 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes	V22.0-V23.9	82950, 82951, 82952
Breast Feeding Support	2 Lactation support and counseling visits by a trained provider per pregnancy to ensure the successful initiation and duration of breast feeding. Allow 1 breast feeding pump (manual or electric) per pregnancy purchased through a participating Home Medical Equipment Supplier.	V24.1	99211 or S9443 billed as "incident to", for lactation support Pumps use E0602 or E0603
Asymptomatic Bacteriuria	For pregnant women at 12 to 16 weeks gestation or at the first prenatal visit, or later to reduce the incidence of symptomatic maternal urinary tract infections and low birth weight	V22.0-V23.9	87086, 87088
Hepatitis B Screening (HBV)	Screen at the first prenatal visit to reduce perinatal transmission of HBV and the subsequent development of chronic HBV infection	V22.0-V23.9	80055 or 87340
Iron Deficiency Anemia Screening	Iron deficiency anemia during pregnancy has been associated with increased risk for low birth weight, preterm delivery and perinatal mortality.	V22.0-V23.9	80055 or 85013 or 85014 or 85018
Rh Incompatibility	Screen for Rh(D) blood typing and antibody testing for pregnant women during their first visit for pregnancy-related care	V22.0-V23.9	80055 or 86901

Men's Preventive Services			
Adult Aortic Aneurysm Screening	Once per lifetime screen for abdominal aortic aneurysm by ultrasonography in men ages 65-75 who have ever smoked		G0389
Prostate Cancer Screening	Annual digital rectal examination and an annual prostate-specific antigen test for an asymptomatic male age 50 and older, a black male age 40 and older, and a male age 40 and older with a family history of prostate cancer	V76.44	84152, 84153, 84154, G0103