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Preventive Health Benefits and Coding

The Preventive Health Benefits and Coding Guidelines (Guidelines) provide additional information related to specific types of preventive services, as defined under the Patient Protection and Affordable Care Act, which may be covered under a Member’s Benefit Plan depending on factors such as grandfathered status, product type and anniversary date, and contraception exemptions. The terms and conditions of the written Benefit Plan govern the benefits available to Members, and the Guidelines do not guarantee coverage or payment for a particular service. Members should contact Member Services at the telephone number and address on the back of their Identification Card for further preventive services information.

Preventive care services are for patients without recognized signs or symptoms of the target condition. Screening is the testing for disease in seemingly well individuals so that early detection and treatment can be provided for those who test positive for the disease.

If a screening service results in a diagnosis of a condition, the patient will be followed by a surveillance regimen and recommendations for screening are no longer applicable.

The testing of a person to rule out or confirm a suspected diagnosis because the patient has some sign or symptom is a diagnostic examination, not a screening.

Guidelines

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Immunizations	Immunizations recommended by the Centers for Disease Control and prevention for age, sex, gender www.cdc.gov/vaccines .	Z23	See CPT® for appropriate vaccine and administration codes
Infants & Children			
Pediatric Preventive Visits • 11 visits from birth through 35 months • Annual visit after 36 months	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures.	Z00.110-Z00.111 Z00.121-Z00.3	99381-99397
Vision Screening 1 per calendar year through age 21	Graduated visual acuity stimuli that allow a quantitative estimate of visual acuity (e.g., Snellen chart). Does not include refractions.	Z00.121-Z00.129 Z01.00-Z01.01	99173
Hearing Screening 1 per calendar year through age 21	Requires use of calibrated electronic equipment; tests using other methods (e.g., whispered voice, tuning fork) are not reported separately.	Z01.10, Z01.118, Z00.110-Z00.129	92551, 92552
Developmental/ Autism Screening 1 per calendar year through age 2	Screening to determine if the patient needs additional work-up for a developmental disorder. Requires use of a Standardized, validated tool.	Z00.110-Z00.129, Z13.4	96110

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Infants & Children Continued			
Hematocrit or Hemoglobin 1 up to Member's 2nd birthday	Screening for Iron Deficiency Anemia.	Z13.0	85013 or 85014 or 85018
Lead Screening Assessment Up to Member's 7th birthday	For children at risk for lead exposure.	Z13.88	83655
Tuberculin Test Through age 21	Screening test for tuberculosis if determined to be at high risk.	Z11.1	86580
Cholesterol Screening 1 every 5 years	Screening test for high cholesterol if determined to be at high risk.	Z13.220	80061 or 82465 or 83718
Newborn Screening	Federally mandated newborn test Generally provided prior to newborn discharge.	Included in Newborn Hospital Claim	
Gonorrhea, Prophylactic Eye Medication	Generally provided prior to newborn discharge.	Included in Newborn Hospital Claim	
Oral Health	Oral health screenings by a primary care provider and referral to a dentist at the appropriate age.	Assessment Included in Well Child Care preventive visit	
Prevention of Dental Caries in Children	Primary care clinicians may prescribe oral fluoride supplementation starting at age 6 months through age 16 for children whose water supply is deficient in fluoride. Over-the-counter fluoride tablets will be non covered. Primary Care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption through age 5.	Prescription required for oral fluoride supplementation. Handled through the pharmacy benefit manager. D1206 99188	
Adult/Adolescent Preventive Services			
Annual Visit	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures.	Z00.00, Z00.01	99381-99397
Screening for Diabetes	Screening for type 2 diabetes in asymptomatic adults with sustained blood pressure (either treated or untreated) greater than 135/80 mm Hg.	Z13.1	82947 or 83036
Counseling for sexually transmitted infections (STI)	High-intensity behavioral counseling interventions targeted to sexually active adolescents and adults at increased risk for STIs to reduce the incidence of STIs	Z00.00-Z00.01, Z71.7, Z71.89, Z72.51-Z72.53	Included in Preventive office visit or 99401-99404 if sole service

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Adult/Adolescent Preventive Services <i>Continued</i>			
<i>Counseling and screening for human immune deficiency virus (HIV)</i>	Screening for HIV recommended for all pregnant women, adolescents and adults at increased risk for HIV infection.	O09.00-O9A.53 Z36.89, Z34.00-Z34.93, Z11.4	86701 or 86703 or 86689 or 87389 or 87390 or 87534 or 87535 or G0432 or G0433 or G0435 Counseling included in preventive office visit or 99401-99404 if sole service
<i>Alcohol and Drug Use Assessment</i>	Annual Screening in primary care settings can identify patients whose levels or patterns of alcohol consumption place them at risk for increased morbidity and mortality and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse.	Z13.89	99408, 99409, G2011, G0396, G0397, G0442, G0443 if sole service or included in preventive office visit
<i>Sexually Transmitted Disease Testing</i> Chlamydial Infection	Chlamydial infection is the most common sexually transmitted bacterial infection in the United States. In women, genital chlamydial infection may result in urethritis, cervicitis, pelvic inflammatory disease, infertility, ectopic pregnancy and chronic pelvic pain. Chlamydial infection during pregnancy is related to adverse pregnancy outcomes, including miscarriage, premature rupture of membranes, preterm labor, low birth weight and infant mortality.	Z11.3, Z11.8 O09.00-O9A.53 Z34.00-Z34.93 Z36.89	86631, 86632, 87110, 87270, 87490, 87491, 87810, 87320
Gonorrhea	Women with asymptomatic gonorrhea infection have high morbidity due to pelvic inflammatory disease, ectopic pregnancy and chronic pelvic pain. Pregnant women with gonorrhea infection are at risk for preterm rupture of membranes, preterm labor and chorioamnionitis.	Z11.3, O09.00-O9A.53 Z36.89 Z34.00-Z34.93	87590 or 87591 or 87850
Syphilis	Screening tests can accurately detect syphilis infection and prescription antibiotics can cure syphilis.	Z11.3, O09.00-O9A.53 Z36.89 Z34.00-Z34.93	80055, 86592, 86780
<i>Colorectal Cancer Screening</i>	Screening for colorectal cancer using fecal occult blood testing or FIT on an annual basis, FIT-DNA every 3 years or sigmoidoscopy every 5 years or colonoscopy every 10 years recommended in adults beginning at age 50 and continuing until age 75. Includes related pathology and prescription bowel prep meds	Z83.71, Z12.11, Z80.0	82270, 82274, 81528, 45330, 45331, 45333, 45334, 45338, 45339, 45378, 45380, 45382, 45383, 45384, 45385

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Adult/Adolescent Preventive Services <i>Continued</i>			
Aspirin 81 mg when prescribed	Use of aspirin for men ages 45-79 or women ages 55-79 when the potential benefit of a reduction in ischemic strokes outweighs the potential harm of an increase in gastrointestinal hemorrhage.	Prescription required. Handled through the pharmacy benefit manager.	
Depression Screening	Screening of adolescents and adults when adequate systems in place to ensure accurate diagnosis, effective treatment and follow-up.		Included in preventive visit
Behavioral Counseling to Promote a Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults with Cardiovascular Risk Factors. Licensed Registered Dietician visits are available up to 4 visits per year for hyperlipidemia and 2 visits per year for hypertension	Recommends offering or referring adults who are overweight or obese and have additional cardiovascular disease (CVD) risk factors to intensive behavioral counseling interventions to promote a healthful diet and physical activity for CVD prevention.	(obesity) E66.01-E66.2, E66.8-E66.9 (HTN) I10-I15.9, I67.4, O10.O11-O11.9, O13.1-O13.9, O16.1-O16.9 (Chol) E78.0-E78.5	Counseling Included in Preventive office visit or 99401-99404 if sole service. LRDs use 97802, 97803, 97804.
Lipid Disorders (Cholesterol Screening) 1 every 5 years	High levels of total cholesterol and low density lipoprotein-cholesterol (LDL-C) and low levels of high density lipoprotein-cholesterol (HDL-C) are risk factors for coronary heart disease. Lipid measurement can identify asymptomatic men and women who are eligible for preventive therapy.	Z13.220	80061 or 82465, 83718
High Blood Pressure Screening	Hypertension is a condition that contributes to significant adverse health outcomes, including premature deaths, heart attacks, renal insufficiency and stroke. Screening for hypertension can identify adults at increased risk for cardiovascular disease due to high blood pressure.	Z13.6, Z00.00-Z00.01	Screening included in preventive visit. Ambulatory BP Monitoring (See Corporate Medical Policy) 93784-93790
Intensive Behavioral Interventions for Obesity Visits are available for intensive behavioral interventions for obesity up to: • 26 visits per year for ages 6 through age 18 • 12 visits per year for ages 19 and older	Calculating Body Mass Index identifies adults at increased risk for mortality and morbidity due to overweight and obesity. High-intensity counseling about diet, exercise or both together with behavioral interventions aimed at skill development, motivation and support strategies produce modest, sustained weight loss in adults who are obese.	Z00.00-Z00.01 E66.01-E66.2, E66.8-E66.9	Screening included in preventive visit 99201-99215, 99401-99404, 99411-99412, 97802, 97803, 97804 G0447, G0473, S9470

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Adult/Adolescent Preventive Services Continued			
Tobacco Counseling 2 quit attempt cycles per year. A quit attempt cycle includes 4 counseling visits and/or a 3-month supply of nicotine or non-nicotine replacement therapy.	Clinicians should ask all adults about tobacco use and provide tobacco cessation interventions for those who use tobacco products.	Z71.6, Z72.0, F17.200-F17.299	99406, 99407 if sole service or included in preventive visit
Statin Use Initiating use of low-to moderate-dose statins	Adults aged 40-75 years without a history of cardiovascular disease (CVD) who have 1 or more CVD risk factors (dyslipidemia, diabetes, hypertension, or smoking) and a calculated 10-year CVD event risk of 10% or greater		Prescription required. Handled through the pharmacy benefit manager.
TB Test Screening for Latent Tuberculosis Infection	Screen for latent tuberculosis infection in populations at increased risk	Z11.1	86580, 86480, 86481
Prevention of Falls in Community-Dwelling Older Adults	Exercise or physical therapy to prevent falls in community-dwelling adults aged 65 years or older who are at risk for falls.	Z91.81	97001-97002; 97110-97112, 97116; 97150; 97530 to address the interventions specified by the USPSTF.
Hepatitis C Virus (HCV)	Screen 1 time for HCV infection if: Born between 1945 and 1965; or Ever injected drugs; or received a blood transfusion before 1992.	Injectable drug dependence or in remission code from FXX range. Z11.59, Z72.51-Z72.53, Z22.52	86803, 86804, G0472
Hepatitis B Virus Infection in Nonpregnant Adolescents and Adults	Screen for hepatitis B virus (HBV) infection in persons at high risk for infection.	Z11.59, Z22.51	86704, 86706 87340, 87341
Screening for Lung Cancer	Annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years.	Z12.2 Z87.891 F17.210-F17.219	G0297

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Women's Preventive Services			
Pap Smear 1 per Calendar year (No age restriction)	Screening for cervical cancer.	Z01.411, Z01.419, Z12.4	P3000, P3001
Human Papillomavirus (HPV) Testing	Screening for HPV infection that may be associated with cervical cancer. Perform screening every 3 years beginning at age 30.	Z11.51	87624, 87625
Annual visit	Includes an age and gender appropriate history; physical examination; counseling, anticipatory guidance, or risk factor reduction interventions; and the ordering of laboratory or diagnostic procedures.	Z00.00-Z00.01, Z01.411, Z01.419	99381-99387; 99391-99397
Screening and Counseling for Interpersonal and Domestic Violence	Screening and counseling involve elicitation of information from women and adolescents about current and past violence and abuse in a culturally sensitive and supportive manner.	Z00.00-Z00.01, Z01.411, Z01.419	Included in Preventive office visit or 99401-99404 if sole service
Counseling for sexually transmitted infections.	Annual Counseling on sexually transmitted infections for all sexually active women.	Z72.51-Z72.53, Z00.01, Z71.7	Included in Preventive office visit or 99401-99404 if sole service
Contraception	Access to all Food and Drug Administration approved contraceptive methods requiring a prescription (formulary and generic medications), outpatient female sterilization procedures, and patient education and counseling for women with reproductive capacity. No coverage for brochures or educational materials.	Z00.00-Z00.01, Z01.411-Z01.42, Z30.011-Z30.42, Z30.430-Z30.431, Z30.433-Z30.9	S0610, S0612, S0613, A4261, A4264, J7300, J7302, J7306, J7307, S4981, S4989, 11976, 11980, 11981, 57170, 58300, 58301, 58565, 58600, 58605, 58611, 58615, 58670, 58671, 96372 w/J1050. No coverage for brochures or educational materials. Education and counseling included in the preventive visit.
Breast Cancer Screening;	1 Screening mammography between ages 35 and 40 and then annually with or without clinical breast examination.	Z12.31	77067
Medications for the Risk Reduction of Primary Breast Cancer in Women (For asymptomatic women aged 35 years or older without a prior diagnosis of breast cancer, ductal carcinoma in situ, (DCIS) or lobular carcinoma in situ) Effective 10/1/14	Clinicians should engage in shared, informed decision making with women who are at increased risk for breast cancer about medications to reduce their risk. For women who are at increased risk for breast cancer and at low risk for adverse medication effects, clinicians should offer to prescribe risk-reducing medications, such as tamoxifen or raloxifene.		Handled through the Pharmacy Benefit Manager. Providers will need to notify BCBSND by calling the Customer Contact Center at (800) 368-2312 prior to the member receiving the medication.

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
Women's Preventive Services <i>Continued</i>			
Breast and Ovarian Cancer Susceptibility, Genetic Risk Assessment	Discussion on breast and ovarian cancer susceptibility includes genetic risk assessment and BRCA mutation testing based on family risk factors.	Z80.3, Z80.41	Assessment included in preventive visit. BRCA test - 81162, 81163, 81164, 81212, 81165, 81166, 81215, 81216, 81167, 81217, 81432, 81433. Genetic counseling 96040, S0265, 99401-99404 or E/M service.
Osteoporosis Screening	Screening to measure bone mass for risk of osteoporosis once every 2 years.	Z13.820	77080, 77081
Folic Acid	For women planning or capable of pregnancy to prevent neural tube defects. Does not include over-the-counter prenatal or multi-vitamins with folic acid.	Prescription required. Handled through the Pharmacy Benefit Manager.	
Pregnant Women			
Screening for Gestational Diabetes	In pregnant women between 24 and 48 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes.	Z34.00-Z34.93 O09.00-O9A.53 Z36.89	82950, 82951, 82952
Breast Feeding Support	2 Lactation support and counseling visits by a trained provider per pregnancy to ensure the successful initiation and duration of breast feeding. Allow 1 breast feeding pump (manual or electric) per pregnancy purchased through a participating Home Medical Equipment Supplier.	Z39.1	99211 or S9443 billed as "incident to," for lactation support Pumps use E0602 or E0603
Asymptomatic Bacteriuria	For pregnant women at 12 to 16 weeks gestation or at the first prenatal visit, or later to reduce the incidence of symptomatic maternal urinary tract infections and low birth weight.	Z34.00-Z34.93 O09.00-O9A.53 Z36.89	87086, 87088
Hepatitis B Screening (HBV)	Screen at the first prenatal visit to reduce perinatal transmission of HBV and the subsequent development of chronic HBV infection.	Z34.00-Z34.93 O09.00-O9A.53 Z36.89	80055 or 87340
Iron Deficiency Anemia Screening	Iron deficiency anemia during pregnancy has been associated with increased risk for low birth weight, preterm delivery and perinatal mortality.	009.00- O9A.53, Z36.89 Z34.00-Z34.93	80055 or 85013 or 85014 or 85018
Rh Incompatibility	Screen for Rh(D) blood typing and antibody testing for pregnant women during their first visit for pregnancy-related care.	009.00- O9A.53, Z36.89 Z34.00-Z34.93 Z31.82	80055 or 86901
Low dose aspirin (81 mg) when prescribed Effective 8/1/15	Use of low-dose aspirin (81 mg) as preventive medication after 12 weeks of gestation in women who are at high risk for preeclampsia.	Prescription required. Handled through the pharmacy benefit manager.	

Preventive Service	Description	Diagnosis Code - ICD 10	CPT®/HCPCS Code
<i>Depression Screening</i>	Screening for depression when adequate systems in place to ensure accurate diagnosis, effective treatment and appropriate follow-up.	Included in office visit.	
Men's Preventive Services			
<i>Adult Aortic Aneurysm Screening</i>	Once per lifetime screen for abdominal aortic aneurysm by ultrasonography in men ages 65-75 who have ever smoked.		G0389
<i>Prostate Cancer Screening</i>	Annual digital rectal examination and an annual prostate-specific antigen test for an asymptomatic male age 50 and older, a black male age 40 and older, and a male age 40 and older with a family history of prostate cancer.	Z12.5	84152, 84153, 84154, G0103